

SARA B. ALGOE

November, 2020

ADDRESS

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PROFESSIONAL EXPERIENCE

- 2019 – present Director, The Love Consortium: www.theloveconsortium.org
- 2017 – present Associate Professor; Director, Emotions & Social Interactions in Relationships Laboratory; University of North Carolina at Chapel Hill
- 2014, Fall University of California, Berkeley, Institute of Personality and Social Research, Visiting Scholar
- 2011 – 2017 Assistant Professor; Director, Emotions & Social Interactions in Relationships Laboratory; University of North Carolina at Chapel Hill
- 2009 – present Owner / Principal; Algie Consulting and Emotions Research, LLC
- 2009 – 2011 Research Assistant Professor; University of North Carolina at Chapel Hill

EDUCATION AND TRAINING

- 2007 – 2009 University of North Carolina at Chapel Hill, Post-Doctoral Fellow
Positive Emotions and Psychophysiology
- 2005 - 2007 University of California, Los Angeles, Post-Doctoral Fellow
Biobehavioral Issues in Physical and Mental Health (NIMH)
- 2005 University of Virginia, PhD, Psychology (Social)
- 1998 University of Wisconsin at Madison, B.A.: Psychology and English

HONORS AND AWARDS

- 2019 Fellow, Association for Psychological Science
- 2016 Fellow, Society for Personality and Social Psychology
- 2015 – 2017 National Institutes of Health Clinical Loan Repayment Program Award via National Center for Advancing Translational Sciences (NCATS)
- 2013 – 2015 National Institutes of Health Clinical Loan Repayment Program Award via National Center for Advancing Translational Sciences (NCATS)

2014	Elected member, Society for Experimental Social Psychology (SESP)
2004	Distinguished Teaching Fellowship, University of Virginia
2004	SPSP Conference Student Travel Award
2003	Selected attendee, NSF-Sponsored Summer Institute in Social Psychology
2000, 2001, 2003	Positive Psychology Summit Student Travel Award
2002 – 2005	Pre-doctoral National Research Service Award, National Institute of Mental Health (5F31MH67293-3)
2002	Maury Pathfinder Best Predissertation Award, UVA Department of Psychology
2001	Selected attendee, Positive Psychology Summer Institute

GRANTS AND CONTRACTS

To be Submitted / In Progress

The John Templeton Foundation	(January 2021 submission)
<i>Validation and Unification of Love Measurement</i>	
Role: Principal Investigator	2021--2024

Submitted

NIH	(April 2020 submission)
<i>PPHERN: Positive Psychological Processes, Health, and Emotion Research Network</i>	
Role: Co-Investigator	2020 – 2024

External Grants Awarded, PI or Co-PI

The John Templeton Foundation	
<i>Living in Love: A Scientific Framework for the Future</i>	
Role: Principal Investigator	
\$1,595,004 total direct costs (41.9% total effort)	2018 -- 2021

The John Templeton Foundation	
<i>Gratitude and Societal Good</i>	
Role: Principal Investigator	
\$973,251 total direct costs (33.6% total effort)	2015 -- 2018

The University of Pennsylvania Character Lab, Bridging Research and Practice, via JTF	
<i>Picture This: Framing Purpose and Bringing Gratitude Into Focus</i>	
Role: Co-Principal Investigator (PI: McKee; University of Georgia [UGA])	
\$276,689 total direct costs (\$49,028 total direct to UNC; 16.8% total effort)	2015 -- 2017

The John Templeton Foundation	
<i>Bringing Joy into Focus and Developing Healthy Habits of Mind</i>	
Role: Co-Principal Investigator (PI: McKee; Clark University then UGA)	
\$240,360 total direct costs (\$84,937 total direct to UNC; 25% total effort)	2013 -- 2015

The Greater Good Science Center

Unpacking the Mechanisms for Gratitude's Benefits in Close Relationships

Role: **Principal Investigator**

\$173,913 total direct costs (6.3% total effort)

2012 -- 2014

External Grants Awarded, Co-Investigator

Biola University / John Templeton Foundation

On Thanksgiving: How gratitude to God is demonstrated, with consequences for the grateful person and witnesses

Role: **Co-Investigator**

2020 – 2022

NCCAM: 1R01-AT007884 - 02

Nonconscious Affective and Physiological Mediators of Behavioral Decision Making

Role: Co-Investigator (PI: Fredrickson)

\$906,312 total direct costs (8.3% total effort)

2013 -- 2016

NIMH R21/R33: NIMH-R21-MH100250-01A1

Targeting Stress Reactivity in Schizophrenia: Integrated Coping Awareness Therapy

Role: Co-Investigator (PI: Penn / Meyer-Kalos)

\$375,000 total direct costs (4% effort for each of two years)

2013 -- 2016

NCI: 1R01-CA170128 - 03

Promoting Cancer-related Behavior Change through Positive Emotions (P4)

Role: Co-Investigator (PI: Fredrickson)

\$1,403,183 total direct costs (16.6% total effort)

2012 -- 2016

NINR R01

Affective and Genomic Mediators of Sustained Behavior Change.

Role: Co-Investigator (PI: Fredrickson)

\$1,919,085 total direct costs (25% total effort)

2010 -- 2013

Internal Grants Awarded, PI

Stephenson and Lindquist Award Funds, UNC-CH Department of Psychology & Neuroscience

The Roles of Cortisol and Estradiol in Interpersonal Processes

Role: **Principal Investigator**

\$3,000 total direct costs (0% effort; N/A for this grant)

2015 – 2016

Robert Neal Watson/Katherine Delana Watson Dorsch Junior Faculty Development Award,
University of North Carolina at Chapel Hill

Dissociation of Distinct Positive Emotions via Distinct Social Cognitions

Role: **Principal Investigator**

\$7,500 total direct costs (0% effort; N/A for this grant)

2013

University Research Council, University of North Carolina

Oxytocin: Plausible Mechanism for Link Between Positive Social Relationships and Health

S. Algoe, 4

Role: **Principal Investigator**
 \$4,994 total direct costs (0% effort; N/A for this grant) 2009 -- 2011

Faculty Research Grant, University of California, Los Angeles
Well-Being of Medical School Applicants
 Role: **Principal Investigator** (Sponsoring PI: Stanton)
 \$6,000 total direct costs (0% effort; N/A for this grant) 2006 -- 2007

Hilldale Undergraduate Collaborative Research Grant, University of Wisconsin, Madison
The Impact of Gender and Social Role on the Interpretation and Effect of Emotional Displays
 Role: **Principal Investigator**
 \$4,000 total direct costs (100% effort) 1997 -- 1998

Consulting Contracts Awarded

TechWerks, LLC 2010 - 2017
 Scientific advisor on methods for appropriate implementation and evaluation of resilience training programs in military populations (e.g., Army, Air Force).

University of Pennsylvania, U.S. Army/Department of Defense Grant (PI: Jha) 2009 -- 2011
 Project: I delivered an 8-week “Positive Emotions Resilience Training” to 40 U.S. Soldiers in an experimental investigation of training on attention and working memory.

US Army, Comprehensive Soldier Fitness, Emotional Fitness Dimension 2009 -- 2010
 Project: I was the subject matter expert developing online training in emotional fitness for 1.1 million active duty soldiers: <http://www.army.mil/csf/>

PUBLICATIONS

** denotes a student or +postdoctoral trainee co-author;*
denotes senior author status, when not first author

Manuscripts under Review or Revision for Resubmission -- available upon request

Chang, Y-P,* Dwyer, P.,+ & **Algoe, S. B.**# (2020). Better together: Integrative multi-level multi-factor analysis of gratitude in close relationships.

Chang, Y-P,* Dwyer, P.,+ Hannay, J. W.,* Wang, C.-K.,* & **Algoe, S. B.** # (2020). Large-scale societal events induce shifts between moral ideologies.

Don, B. P., Eller, J., Simpson, J. A., Fredrickson, B. L., **Algoe, S. B.**, Rholes, S., & Mickelson, K. D. (2020). New parental positivity: The role of positive emotions in promoting relational adjustment during the transition to parenthood.

Gu, Y., Ocampo, J., **Algoe, S. B.**, Oveis, C. (2020). Gratitude expressions improve teams’ cardiovascular stress responses.

- Halverson, T. F., Myers-Kalos, P. S., Perkins, D. O., Gaylord, S., Palsson, O. S., Nye, L., **Algoe, S. B.**, Grewen, K., & Penn, D. L. (2020). Enhancing stress reactivity and wellbeing in early schizophrenia: A randomized controlled trial of Integrated Coping Awareness Therapy (I-CAT).
- Isgett, S. F.,* Zhou, J., **Algoe, S. B.**, & Fredrickson, B. L. (2020). Threat enhances automatic facial mimicry: Moderation by resting respiratory sinus arrhythmia.
- Murphy, B., Lilienfeld, S. O., & **Algoe, S. B.** (2020). Why we should reject the restrictive isomorphic matching definition of empathy.

Peer-Reviewed Publications

- Algoe, S. B.** (in press). Developing and maintaining high-quality relationships via emotion. Commentary on Vaish and Hepach. *Emotion Review*.
- Don, B. P.,+ **Algoe, S. B.**, & Fredrickson, B. L. (in press). Does meditation training influence social approach and avoidance goals? Evidence from a randomized intervention study of midlife adults. *Mindfulness*.
- Don, B. P.,+ Fredrickson, B. L., & **Algoe, S. B.** # (in press). Enjoying the sweet moments: Approach motivation upwardly enhances reactivity to positive interpersonal processes, with spillover to partners. *Journal of Personality and Social Psychology*.
- Jolink, T. A.,* Chang, Y-P, & **Algoe, S. B.** # (in press). Perceived partner responsiveness forecasts behavioral intimacy via affectionate touch. *Personality and Social Psychology Bulletin*
- Don, B. P. & **Algoe, S. B.** # (2020). Impermanence in relationships: Trait mindfulness attenuates the negative personal consequences of everyday dips in relationship satisfaction. *Journal of Social and Personal Relationships*
- Duprey, E. B., McKee, L. G., O'Neal, C. W., Campos, B. & **Algoe, S. B.** (2020). Stressors, resources, and mental health among Latino adolescents: The role of gratitude. *Applied Developmental Psychology*.
- McKee, L. G., **Algoe, S. B.**, Faro, A. L., & O'Leary, J. L. (2020). What do daily reports add to the picture? Results from a photography intervention designed to increase positive emotion. *Journal of Positive Psychology*
- Algoe, S. B.** (2019). Positive Interpersonal Processes. *Current Directions in Psychological Science, Online first*, DOI: <https://doi.org/10.1177/0963721419827272>
- Algoe, S. B.**, Dwyer, P. C.,+ Younge, A.,* & Oveis, C. (2019). A new perspective on the social functions of emotions: Gratitude and the witnessing effect. *Journal of Personality and Social Psychology, advance online publication*. DOI: <https://doi.org/10.1037/pspi0000202>

- Chang, Y-P.,* & **Algoe, S. B.** # (2019). On Thanksgiving: Cultural variation in gratitude demonstrations and perceptions in the United States and Taiwan. *Emotion, advance online publication*. DOI: <https://doi.org/10.1037/emo0000662>
- Dwyer, P.,+ Chang, Y-P,* Hannay, J.,* & **Algoe, S. B.** # (2019). When does activism benefit well-being? Evidence from a longitudinal study of Clinton voters in the 2016 U.S. Presidential Election. *Plos One*. DOI: [10.1371/journal.pone.0221754](https://doi.org/10.1371/journal.pone.0221754)
- Le Nguyen, K. D., Lin, J., **Algoe, S. B.**, Brantley, M. M., Kim, S. L., Brantley, J., Salzberg, S., & Fredrickson, B. L. (2019). Loving-kindness meditation slows biological aging in novices: Evidence from a 12-week randomized controlled trial. *Psychoneuroendocrinology*, DOI: <https://doi.org/10.1016/j.psyneuen.2019.05.020>
- McKee, L. G., **Algoe, S. B.**, Faro, A., O’Leary, J. L., & O’Neal, C. (2019) *Picture This! Bringing joy into focus and developing healthy habits of mind: Rationale, design, and implementation of a randomized control trial for emerging adults. Contemporary Clinical Trials Communication, online first 6/29/19*. DOI: <https://doi.org/10.1016/j.conctc.2019.100391>
- Duprey, E. B., McKee, L. G., O’Neal, C. W., & **Algoe, S. B.** (2018). Stressful life events and internalizing symptoms in emerging adults: The roles of mindfulness and gratitude. *Mental Health & Prevention*
- Adair, K. C.,* Boulton, A. J., & **Algoe, S. B.** # (2017). The effect of mindfulness on relationship satisfaction via perceived responsiveness: Findings from a dyadic study of heterosexual romantic partners. *Mindfulness, online first 10/13/17*. DOI [10.1007/s12671-017-0801-3](https://doi.org/10.1007/s12671-017-0801-3)
- Algoe, S. B.**, Kurtz, L. E.,* & Grewen, K. (2017). Oxytocin and social bonds: The role of oxytocin in perceptions of romantic partner bonding behavior. *Psychological Science, 28(12)*, 1763-1772. <https://doi.org/10.1177/0956797617716922>
- Clark, J. L.,* **Algoe, S. B.**, & Green, M. C. (2017). Social network sites and well-being: The role of social connection. *Current Directions in Psychological Science, online first 12/19/17*. <https://doi.org/10.1177/0963721417730833>
- ⌘ The above publication was featured in an Association for Psychological Science *Observer* column on Teaching Current Directions in Psychological Science, by D. Myers (April, 2018)
- Fredrickson, B. L., Boulton, A. J., Firestone, A. M., Van Cappellen, P., **Algoe, S. B.**, Brantley, M. M., Kim, S. L., Brantley, J., & Salzberg, S. (2017). Positive emotion correlates of meditation practice: A comparison of mindfulness meditation and loving-kindness meditation. *Mindfulness, 8*, 1623-1633. DOI [10.1007/s12671-017-0735-9](https://doi.org/10.1007/s12671-017-0735-9)
- Isgett, S. F.,* Kok, B. E., Baczkowski, B., **Algoe, S. B.**, Grewen, K. M., & Fredrickson, B. L. (2017). Influences of oxytocin and respiratory sinus arrhythmia on social behavior and emotions in daily life. *Emotion, online first: http://dx.doi.org/10.1037/emo0000301*.

Kurtz, L. E.,* & **Algoe, S. B.** # (2017). When sharing a laugh means sharing more: Testing the role of shared laughter on short-term interpersonal consequences. *Journal of Nonverbal Behavior* 41(45) doi:10.1007/s10919-016-0245-9

Algoe, S. B., Kurtz, L. E.,* & Hilaire, N. M.* (2016). Putting the “you” in “thank you”: Other-praising behavior explains the role of expressed gratitude in social life. *Social Psychological and Personality Science*, 7(7), 658-666. doi: 10.1177/1948550616651681

⌘ The above publication was featured in a *Harvard Business Review* article (June 29, 2016).

Chang, Y-P.,* **Algoe, S. B.**, & Chen, L. (2016). Affective valence signals agency within and between people. *Emotion, online first*. doi: <http://dx.doi.org/10.1037/emo0000229>

Isgett, S. F.,* **Algoe, S. B.**, Boulton, A. J., Way, B., & Fredrickson, B. L. (2016). Common variant in *OXTR* predicts growth in positive emotions from loving-kindness training. *Psychoneuroendocrinology*, 73. 244-251. doi: <http://dx.doi.org/10.1016/j.psyneuen.2016.08.010>

Algoe, S. B., & Zhaoyang, R.* (2015). Putting expressed gratitude in context: Effects of expressing gratitude in ongoing relationships depend on perceptions of enactor responsiveness. *Journal of Positive Psychology, online first*. doi: 10.1080/17439760.2015.1117131

Fredrickson, B. L., Grewen, K. M., **Algoe, S. B.**, Firestone, A. M., Arevalo, J. M. G., Ma, J., & Cole, S. W. (2015). Psychological well-being and the human conserved transcriptional response to adversity. *PLoS ONE*, 10(3): e0121839. doi:10.1371/journal.pone.0121839

Kurtz, L. E.,* & **Algoe, S. B.** # (2015). Putting laughter in context: Shared laughter as a behavioral indicator of relationship well-being. *Personal Relationships*, doi: 10.1111/per.12095

⌘ Interviewed about the above research by several outlets, from UNC’s *Daily Tarheel* to the BBC *Horizon* documentary film on the science of laughter.

Algoe, S. B. & Way, B. (2014). Evidence for a role of the oxytocin system, indexed by genetic variation in *CD38*, in the social bonding effects of expressed gratitude. *Social Cognitive and Affective Neuroscience*; doi: 10.1093/scan/nst182

⌘ The above research was discussed in the *Boston Globe* and the *New York Times*.

Catalino, L. I.,* Coffey, K. A., **Algoe, S. B.**, & Fredrickson, B. L. (2014). Prioritizing positivity: An effective approach to pursuing happiness? *Emotion*, 14(6), 1155-1161. doi: 10.1037/a0038029

Kok, B. E., Coffey, K. A., Cohn, M. A., Catalino, L. I., Vacharkulksemsuk, T., **Algoe, S. B.**, Brantley, M., & Fredrickson, B. L. (2013). How positive emotions build physical health: Perceived positive social connections account for the upward spiral between positive emotions and vagal tone. *Psychological Science*, 24(7), 1123-1132. doi: 10.1177/0956797612479827

Fredrickson, B. L., Grewen, K. M., Coffey, K. A., **Algoe, S. B.**, Firestone, A. M., Arevalo, J. M. G., Ma, J., & Cole, S. W. (2013). A functional genomic perspective on human well-being. *Proceedings of the National Academy of Sciences*, *110*(33), 13684-13689. doi: 10.1073/pnas.1305419110

Algoe, S. B., Fredrickson, B. L., & Gable, S. L. (2013). The social functions of the emotion of gratitude via expression. *Emotion*, *13*(4), 605-609. doi: 10.1037/a0032701

⌘ The above publication was mentioned in a *Harvard Business Review* article (Feb. 20, 2018).

Algoe, S. B. (2012). Find, Remind, and Bind: The functions of gratitude in everyday relationships. *Social and Personality Psychology Compass*, *6*(6), 455-469. doi: 10.1111/j.1751-9004.2012.00439.x

⌘ The above theory was discussed by name on *CBS This Morning* (Nov. 22, 2018).

Algoe, S. B., & Stanton, A. L. (2012). Gratitude when it is needed most: Social functions of gratitude in women with metastatic breast cancer. *Emotion*, *12*(1), 163-16. doi: 10.1037/a0024024

Algoe, S. B., & Fredrickson, B. L. (2011). Emotional Fitness and the movement of affective science from lab to field. *American Psychologist*, *66*(1), 35-42. doi: 10.1037/a0021720

Algoe, S. B., Gable, S. L., & Maisel, N. (2010). It's the little things: Everyday gratitude as a booster shot for romantic relationships. *Personal Relationships*, *17*, 217-233. doi: 10.1111/j.1475-6811.2010.01273.x

Algoe, S. B., & Haidt, J. (2009). Witnessing excellence in action: The "other-praising" emotions of elevation, gratitude, and admiration. *Journal of Positive Psychology*, *4*(2), 105-127. doi: 10.1080/17439760802650519

⌘ The above publication is the second most-cited article in this journal (June, 2020).

Koo, M., **Algoe, S. B.**, Wilson, T. D., & Gilbert, D. T. (2008). It's a wonderful life: Mentally subtracting positive events improves people's affective states, contrary to their affective forecasts. *Journal of Personality and Social Psychology*, *95* (5), 1217-1224. doi: 10.1037/a0013316

Algoe, S. B., Haidt, J., & Gable, S. L. (2008). Beyond reciprocity: Gratitude and relationships in everyday life. *Emotion*, *8*, 425-429. doi: 10.1037/1528-3542.8.3.425

Algoe, S. B., Buswell, B. N., & DeLamater, J. D. (2000). Gender and job status stereotypes as contextual cues for the interpretation of facial expression of emotion. *Sex Roles*, *42*(3/4), 183-208. doi:10.1023/A:1007087106159

Data Citations

- Algoe, Sara**, 2019, “Greater Good Science Center Study 1, 2012-2013”, <https://doi.org/10.15139/S3/T47DYS>, UNC Dataverse, V1
- Algoe, Sara;** Fredrickson, Barbara, 2019 “Carolina Couples Study, 2008 (“CC08”)”, <https://doi.org/10.15139/S3/MFYEHZ>, UNC Dataverse, V1
- Algoe, Sara;** Fredrickson, Barbara, 2019 “Understanding Romantic Relationships, 2009 (“URR”)”, <https://doi.org/10.15139/S3/75VVA6>, UNC Dataverse, V1

Publications in Edited Volumes

- Algoe, S. B.**, & Jolink, T.* (in press). Social Bonds: A New Look at an Old Topic. In Van Lange, P. A. M., Higgins, E. T. & Kruglanski, A. [Eds.] *Social Psychology: Handbook of Basic Principles*.
- Wood, A. M., Emmons, R. A., **Algoe, S. B.**, Froh, J. J., Lambert, N. M., & Watkins, P. (2016). A Dark Side of Gratitude? Distinguishing between Beneficial Gratitude and its Harmful Imposters for the Positive Clinical Psychology of Gratitude and Well-Being. In Wood, A. M. & Johnson, J. [Eds.] *The Wiley Handbook of Positive Clinical Psychology*. (pp. 137-151) Chinchester, UK: Wiley.
- Algoe, S. B.**, Fredrickson, B. L., & Chow, S-M. (2011). Emotions Research. In Sheldon, Kashdan, & Steger (Eds.) *Designing the Future of Positive Psychology: Taking Stock and Moving Forward*. (pp. 115-132). New York, NY: Oxford University Press.
- Gable, S., & **Algoe, S. B.** (2010). Being there when things go right: Support processes for positive events. In K. Sullivan & J. Davila (Eds.) *Support Processes in Intimate Relationships*. (pp. 200-216). New York, NY: Oxford University Press.
- Algoe, S. B.**, & Stanton, A. L. (2009). Is benefit finding good for individuals with chronic disease? In C. Park, S. Lechner, A. L. Stanton, M. H. Antoni (Eds.) *Medical Illness and Positive Life Change: Can Crisis Lead to Personal Transformation?* (pp. 173-193). Washington, DC: American Psychological Association.
- Campos, B. & **Algoe, S. B.** (2009). Kindness. In S. Lopez & A. Beauchamp (Eds.) *Encyclopedia of Positive Psychology*. (pp. 551-557). Malden, MA: Wiley-Blackwell.
- Haidt, J. D., & **Algoe, S. B.** (2004). Elevation, disgust, and attachment to heroes. In J. Greenberg, T. Pyszczynski, & S. Koole (Eds.) *Handbook of Experimental Existential Psychology*. (pp. 322-335). New York: The Guilford Press.

COLLOQUIA AND INVITED TALKS (past 5 years: 2015-2020)

- 2021, July Keynote speaker: International Positive Psychology Association 7th World Congress
- 2021, Apr Society for Affective Science Presidential Plenary Panel
- 2020, Apr Keynote: Chowan University, The Pursuit of Happiness 2-day symposium; Murfreesboro, NC [postponed: coronavirus pandemic]
- 2020, Apr Positive Emotions Preconference to the Society for Affective Science Annual Meeting; San Francisco, CA [postponed: coronavirus pandemic]
- 2020, Mar University of Minnesota; Psychology Department [postponed: coronavirus pandemic]
- 2020, Feb Guest of honor / speaker; Salon on the value of positive social interactions with national media (i.e., journalists and producers) at the home of NYTimes columnist; Washington, DC
- 2020, Feb Happiness and Wellbeing Preconference to the Society for Personality and Social Psychology Annual Meeting; New Orleans, LA
- 2020, Feb Yale University; Marketing Department; New Haven, CT
- 2019, July International Positive Psychology Association 6th World Congress, Melbourne, Australia
- 2019, June Keynote: International Association for Relationship Research *Positive Action in Relationships* Mini-Conference; Ottawa, Canada
- 2019, April John Templeton Foundation Speaker Series; West Conshohocken, PA
- 2018, Oct Carleton College and Gustavus Adolphus College; Northfield, MN; Psychology Departments
- 2018, Mar University of Wisconsin, Madison; Psychology Department
- 2017, Dec UNC Campus Health Annual Retreat
- 2017, Nov Purdue University; Psychology Department
- 2017, July International Positive Psychology Association (IPPA) 5th World Congress; Montreal, Quebec, Canada
- 2017, Apr UNC Cole-Wood Scholars Dinner
- 2017, Feb OneCarolina All Development Meeting
- 2017, Jan Emotion Preconference of SPSP Annual Meeting; San Antonio, TX
- 2016, Nov National Cancer Institute: Cognitive, Affective, and Social Processes in Health Research (CASPHR) working group; Washington, DC
- 2016, June CharacterLab, Grant Meeting; Philadelphia, PA
- 2016, May Invitational Choice Symposium: Happiness and Well-Being, Banff, Canada
- 2016, Jan Close Relationships Preconference of SPSP Annual Meeting; San Diego, CA
- 2016, Jan Happiness & Well-Being Preconference of SPSP Annual Meeting; San Diego, CA
- 2015, Oct Duke University, Change Processes in Psychotherapy Symposium
- 2015, June IPPA 4th World Congress; Lake Buena Vista, FL
- 2015, Apr Society for Affective Science 2nd Annual Conference; Oakland, CA
- 2015, Mar City University of New York Graduate Center

PRESENTATIONS

** denotes a student or ⁺ postdoctoral (at the time the work was conducted) co-author*

Talks Presented at Conferences and Meetings (past 5 years: Jan 2015-2020)

- Don, B.⁺ & Algoe, S. B. (Feb., 2021). *When you appreciate me, I can rely on you: Gratitude enhances social support perceptions and interactions in intimate relationships*. To be presented at the 22nd Annual Meeting of the Society for Personality and Social Psychology, virtual.
- Algoe, S. B., Chang, Y-P., Sheeran, P., & Way, B. (Nov, 2020). *Gratitude and social bonds in everyday life: The oxytocin system, time spent together, and behavioral nudges*. The Love Consortium 3rd Community Event, virtual.
- Algoe, S. B., Chang, Y-P., & Sheeran, P. (Feb., 2020). *A gratitude intervention increases how much time couples spend together*. Presented at the 21st Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Chang, Y.-P., & Algoe, S. B. (2019). *Cultural Variation in Gratitude Demonstrations and Perceptions Between the United States and Taiwan*. Presented at the 13th Conference of Asian Association of Social Psychology (AASP), Taipei, Taiwan.
- Dwyer, P. B.⁺, Algoe, S. B., Younge, A.*, & Oveis, C. (May, 2019). *Social functions of gratitude at the group level of analysis: The witnessing effect and the role of other-praising behavior*. Presented at the 31st Annual Convention of the Association for Psychological Science, Washington, DC.
- Chang, Y-P*, and Algoe, S. B. (February, 2019). *On Thanksgiving: Cultural variation in gratitude demonstrations and perceptions between the United States and Taiwan*. Presented at the 20th Annual Meeting of Society for Personality and Social Psychology, Portland, OR.
- Jolink, T.*, Chang, Y-P,* & Algoe, S. B. (February, 2019). *Hold me closer: Perceived partner responsiveness as a precursor to affectionate touch*. Presented at the 20th Annual Meeting of Society for Personality and Social Psychology, Portland, OR.
- Dwyer, P. B.,⁺ Algoe, S. B., Younge, A.* & Oveis, C. (September, 2018). *A new perspective on the prosocial functions of emotions: Gratitude and the witnessing effect*. Presented at the 5th Science of Philanthropy Initiative (SPI) Conference, Indianapolis, IN.
- Algoe, S. B. (2018, April). *A new perspective on the social functions of emotions: Gratitude and the witnessing effect*. Presented at the 5th Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Los Angeles, CA.
- Algoe, S. B. (2018, March). *Biological bases of social emotion: Gratitude, oxytocin, and the attachment system*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.

- Oveis, C., Dwyer, P. B., + Younge, A.* & Algoe, S. B. (2018, March). *The social functions of gratitude at the group level of analysis: Effects on 3rd party witnesses' behaviors*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.
- Algoe, S. B. (2018, January). *Considering expressed gratitude as a health behavior*. Presented at the Emerging Insights from the Science of Gratitude Conference. Chapel Hill, NC.
- Farnham, A., O'Neal, C. W., McKee, L., Duprey, E., & Algoe, S. B. (2017, November). *Peer, parents, and prejudice and adolescent outcomes: Gratitude as a buffer*. Presented at the National Council on Family Relations Annual Conference. Orlando, FL.
- Algoe, S. B. (2017). *The social functions of gratitude at the group level of analysis: Effects on 3rd party witnesses*. Presented at the International Society for Research on Emotion, St. Louis, MO.
- McKee, L. Algoe, S. B., Faro, A., O'Leary, J. (2017, April). *Picture this: Taking photographs to train attention toward joy and gratitude*. Presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.
- Algoe, S. B. (2017, January). *The role of laughter, when shared, in the promotion of dyadic relationships*. Presented at the 18th Annual Meeting of Society for Personality and Social Psychology, San Antonio, TX.
- Algoe, S. B. (2016, July). *Perceived partner responsiveness is the lynchpin for the role of expressed gratitude in social life*. Presented at the Meeting of the International Association of Relationships Researchers, Toronto, Ontario, CA.
- Gu, Y.,* Oveis, C., & Algoe, S. B. (2016, March). *Don't forget to say thank you: Gratitude, social perception, and creativity*. Presented at the 3rd Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Chicago, IL.
- Algoe, S. B. (2016, January). *Using expressed gratitude as a method for uncovering gratitude's role in relational "binding"*. Presented at the 17th Annual Meeting of Society for Personality and Social Psychology, San Diego, CA.
- Algoe, S. B. (2015, June). *The role of gratitude in interpersonal dynamics: Implications for organizations*. Presented at the 7th biennial Positive Organizational Scholarship Research Conference, Orlando, FL.
- Algoe, S. B. (2015, May). *Positive emotions in the workplace*. Presented at the Work, Stress, and Health Conference, Atlanta, GA.

Posters (past 5 years: Jan 2015-2020)

- Goyer, M. S., McKee, L. G., Michel, J., & **Algoe, S. B.** (Nov., 2019). *How awe, love, and gratitude relate to depressive symptoms through social connection*. Presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, Georgia.
- Goyer, M., McKee, L. G., Duprey, E., Michel, J., **Algoe, S. B.**, Campos, B. (2019, April). *How Emotion Socialization Relates to Grit and Depressive Symptoms in Latinx Adolescents*. Presented at ResilienceCon, Nashville, TN
- Dwyer, P. C.,⁺ Chang, Y-P.,* Hannay, J.,* & **Algoe, S. B.** (February, 2019). *When does activism benefit well-being? Evidence from a longitudinal study of Clinton voters in the 2016 U.S. Presidential Election*. Presented at the 20th Annual Meeting of Society for Personality and Social Psychology, Portland, OR.
- Dwyer, P. C.,⁺ **Algoe, S. B.**, Younge, A.,* & Oveis, C. (November, 2018). *A new perspective on the prosocial functions of emotions: Gratitude and the witnessing effect*. Presented at the Annual Conference of the Association for Research on Nonprofit Organizations and Voluntary Action, Austin, TX.
- Arce, M. A., McKee, L. G., **Algoe, S. B.**, Campos, B. (2018, July). *An examination of direct and indirect effects of familism on self-esteem via gratitude among Latinx adolescents*. Presented at the Society for the Psychological Study of Culture, Ethnicity, and Race Research Biennial Conference, Austin, TX.
- Jolink, T.,* & **Algoe, S. B.** (2018, July). *Lover's touch: The association between perceived partner responsiveness and physical affection*. Presented at the International Association of Relationship Researchers Annual Conference, Fort Collins, CO.
- Chang, Y-P.,* Sheeran, P., & **Algoe, S. B.** (2018, March). *Feeling touched: Expressing gratitude to partners increases time shared with them in person*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.
- Gheorma, L.,* & **Algoe, S. B.** (2018, March). *Considering the overperception of partner's positive emotion in romantic relationships*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.
- McKee, L. G., O'Neal, C. W., & **Algoe, S. B.** (2017, November). *Emotion socialization, positive parenting, and psychosocial outcomes for Hispanic youth*. Presented at the Association for Behavioral and Cognitive Therapy 51st Annual Convention, San Diego, CA.
- Gheorma, L.* & **Algoe, S. B.** (2017, April). *Positive emotions and blood pressure*. Presented at the 4th Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Boston, MA.

- Ocampo, J. M., Gu, Y., Bergstrom, T., Chen, M., **Algoe, S. B.**, & Oveis, C. (2017, April). *Gratitude expressions in the workplace increase perceived warmth and competence of the expresser*. Presented at the 4th Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Boston, MA.
- Clark, J. L.*, & **Algoe, S. B.** (2017, January). *The Grass is Greener: Social Comparison on Facebook Predicts Decreases in Well-Being*. Presented at the 18th Annual Meeting of Society for Personality and Social Psychology, San Antonio, TX.
- Dwyer, P. C., Chang, Y-P.*, & **Algoe, S. B.** (2017, January). *Better together: Interpersonal and Intrapersonal benefits from everyday expressions of gratitude in ongoing relationships*. Presented at the 18th Annual Meeting of Society for Personality and Social Psychology, San Antonio, TX.
- McKee, L. G., O'Neal, C. W., Faro, A. L., O'Leary, J. L., & **Algoe, S.** (2016, October). *A model linking parent emotion socialization practices and youth internalizing symptoms via youth emotion regulation and mindfulness*. Presented at the 50th Annual Association for Behavioral and Cognitive Therapies Convention, New York, NY.
- Adair, K. C.*, Boulton, A., **Algoe, S. B.** (2016, January). *Trait mindfulness predicts relationship satisfaction through perceived responsivity during a stressful conversation*. Presented at the 17th Annual Meeting of Society for Personality and Social Psychology, San Diego, CA.
- ⌘ C. Adair's poster was selected for presentation at the graduate student data blitz.
- Chang, Y-P.*, & **Algoe, S. B.** (2016, January). *How do you let them know: Cultural differences in expression of gratitude*. Presented at the 17th Annual Meeting of Society for Personality and Social Psychology, San Diego, CA.
- ⌘ Y.-P. Chang's poster was selected as finalist in "best student poster" competition.
- Clark, J. L.*, & **Algoe, S. B.** (2016, January). *You're only as old as you type: The use of mediated interaction across the lifespan*. Presented at the 17th Annual Meeting of Society for Personality and Social Psychology, San Diego, CA.
- West, J.*, & **Algoe, S. B.** (2015, February). *Cardiac vagal tone and sexual satisfaction in romantic relationships*. Presented at the 16th Annual Meeting of Society for Personality and Social Psychology, Long Beach, CA.
- ⌘ J. West won SPSP Diversity Fund Undergraduate Registration Award to present his research.
- Kurtz, L. E.*, & **Algoe, S. B.** (2015, February). *When sharing a laugh means sharing more: Perceived similarity mediates the effect of shared laughter on relationship outcomes*. Presented at the 16th Annual Meeting of Society for Personality and Social Psychology, Long Beach, CA.

Chang, Y-P.,* Chen, L. H., & **Algoe, S. B.** (2015, February). *The more positive, the more agentic: Communicating mental states by emotional states.* Presented at the 16th Annual Meeting of Society for Personality and Social Psychology, Long Beach, CA.

TEACHING ACTIVITIES

Courses Taught

General social psychology topics:

Introduction to Social Psychology, Undergraduate; UNC PSYC 260, and **Honors**, PSYC 260H
Research Seminar in Social Psychology, Graduate; UNC PSYC 866

Research methods:

Emotions and Social Interactions in Relationships, Independent Research. Undergraduate; UNC PSYC 395
Research Methods in Social Psychology. Graduate; UNC PSYC 863

Relationship science topics:

Interpersonal Processes. Undergraduate; UNC PSYC 564; and a **Research Intensive** version
Interpersonal Processes and Close Relationships, Graduate; UNC PSYC 866

Positive psychology topics:

Strengths and Virtues. Undergraduate; UVA PSYC
Research in Positive Psychology. Undergraduate; UNC PSYC 567

Postdoctoral Trainees

2019 -- Don, Brian; Hooker, Emily; Murphy, Brett

2015 – 2017 Dwyer, Patrick; Ph.D. from University of Minnesota, now Assistant Professor at the Lilly School of Philanthropy at Indiana University -Purdue University Indianapolis

Graduate Student Training

Current and former research lab members (includes regular attendance at weekly meetings):

Adair, Carrie	Kurtz, Laura
Brown-Iannuzzi, Jazmin	Lundberg, Kristjen
Catalino, Lahnna	Major, Brett
Chandler, Kylie	Rice, Elise
Chang, Yen-Ping	Vacharkulksemsuk, Tanya
Clark, Jenna	Younge, Ayana
Isgett, Suzannah	Zhou, Jieni
Jolink, Tatum	

→ **Primary mentees:** Kylie Chandler; Yenping Chang; Jenna Clark; Tatum Jolink; Laura Kurtz

Dissertation Committees, UNC-Chapel Hill

****denotes committees of which I was Chair***

2019 -- 2020	Ludwig, Kelsey
2019 -- 2020	Weber, Danielle
2018 -- 2020	Zachary, Chloe
2017 – 2018	Chang, Yen-Ping*: <i>Cultural variation in gratitude expressions.</i>
2017 – 2020	Pentel, Kimberly
2017 – 2018	Sheppard, Christopher
2016 – 2018	Browne, Julia
2016 -- 2017	Clark, Jenna*: <i>The role of text messaging in close relationships.</i>
2016 – 2018	Cohen, Matt
2016 – 2018	Gagen, Emily
2016 – 2017	Isgett, Suzannah
2016 – 2017	Jenkins, Keenan
2016 – 2017	Nesi, Jacqueline
2016 – 2017	Major, Brett
2015 – 2016	Kurtz, Laura*: <i>An empirical examination of “love at first sight”: The effect of similarity in attractiveness on automatic mate selection behaviors.</i>
2014 – 2015	Cooley, Erin
2012 – 2013	Boeding, Sara
2012 – 2013	Cameron, Daryl
2012 – 2013	Fenton, Nicole
2012 – 2013	Kok, Bethany
2012 – 2013	Paprocki, Christine
2012 – 2013	Vacharkulksemsuk, Tanya
2011 – 2012	Irvin, Brandon
2011 – 2012	Miceli, Paul

Dissertation Committees, Other Universities

2018 – 2020	Kelley Gulleo; <i>Duke University, Fuqua School of Business</i>
2015 -- 2016	Brick, Danielle; <i>Duke University, Fuqua School of Business</i>
2015 – 2016	Rusk, Ruben; <i>University of Melbourne, Graduate School of Education</i>

Masters Thesis Committees, UNC-Chapel Hill

****denotes committees of which I was Chair***

2019 – 2020	Zhou, Jieni
2018 – 2019	Miller, Alexandra
2015 – 2016	Reuman, Lillian
2014 – 2015	Isgett, Suzannah
2013 – 2015	Gagen, Emily
2013 – 2014	Chang, Yenping*: <i>Living with Gratitude: Spouse’s Gratitude on One’s Depression</i>
2013 – 2014	Major, Brett
2012 – 2013	Clark, Jenna

2012 – 2013 Kurtz, Laura*: *The Weight and Way of Shared Laughter in Dyadic Relationships*
 2011 – 2012 Adair, Kathryn

Masters Thesis Committees, Other Universities

2017 -- 2018 Gullo, Kelley; *Duke University, Fuqua School of Business*

Practicum or Graduate Student Mentees from other Institutions

2014 -2016 Hilaire, Nicole (UNC-Charlotte)
 2014 King, Kelly (UNC-Greensboro)
 2012-2015 Zhaoyang, Ruixue (University of Missouri, Columbia)

Undergraduate Student Training (August, 2011 through February, 2018)

Honors Thesis Supervision and Committees (since August, 2011)

****denotes committees of which I was Advisor***

2020 – 2021 Russell, Sydney*
 2017 – 2018 Chen, Olivia
 2017 – 2018 Wallace, Ellie
 2015 – 2016 Tepper, Stephanie
 2014 – 2015 Jameison, Danielle
 2014 – 2015 Roof, Courtney
 2014 – 2015 West, Jacob*#
 2013—2014 Avishai-Yitshak, Aya
 2013 – 2014 Khrakovsky, David*^: *Cooperation in Romantic Relationships*
 2013 – 2014 Puleo, Blair*: *The Dyadic Process of Verbal and Non-Verbal Responses to the Expression of Gratitude*
 2012 -- 2013 Doyle, Kaitlin
 2012 – 2013 Knowles, Kelly*+: *Laughter as a Buffer for Negative Thoughts in Anxiety-Provoking Situations*
 2012 – 2013 Mahoney, Olivia
 2012 – 2013 Schenker, Victoria
 2012 – 2013 Thio, Kara*+!: *The Effects of Pride and Admiration on Pain*
 2011-- 2012 Lembke, Jana
 2011-- 2012 Wagstaff, Elizabeth

+ Highest Honors, ^Winner of Dashiell-Thurstone Award for best Honors Thesis, ^Winner of Tom and Elizabeth Long Research Award (\$500) to conduct this project, # Winner of David Bray Peele Memorial Research Award (\$440) to conduct this project

Honors Thesis Student Presentations at Additional Undergraduate Venues

Puleo, B. K.,* Lundberg, K., & Algoe, S. B. (2014).

- Poster presented at UNC Celebration of Undergraduate Research, Chapel Hill, NC.
- Talk presented at the University of Virginia L. Starling Reid Undergraduate Research Conference, Charlottesville, VA.

- Poster presented at UCLA's 23rd Annual Psychology Undergraduate Research Conference Knowles, K.* & Algoe, S. B. (2013).
- Poster presented at UNC Celebration of Undergraduate Research, Chapel Hill, NC.
- Poster presented at North Carolina Psychological Association Annual Meeting, Chapel Hill, NC.

PROFESSIONAL ASSOCIATIONS

Association for Psychological Science (formerly American Psychological Society; APS)
Association of Positive Emotion Laboratories (APEL)
International Association for Relationships Research (IARR)
International Society for Research on Emotion (ISRE)
Society for Affective Science (SAS)
Society for Experimental Social Psychology (SESP)
Society for Personality and Social Psychology (SPSP) – Fellow Status

PROFESSIONAL SERVICE TO DISCIPLINE

National and International Conference Leadership

- 2020 -- Co-organizer and regular emcee, The Love Consortium Community Virtual Events, with between 100-200 attendees each; August, 2020 (social connection); September, 2020 (love); November, 2020 (gratitude); March, 2021 (compassion)
- 2020 -- Scientific Program Co-Chair, *7th World Congress on Positive Psychology*, Vancouver, BC, Canada (to be held July 2021)
- 2020 -- Programming Co-Chair, Single-presenter submissions; Society for Personality and Social Psychology Convention Committee (to be held February 2021)
- 2020, July Invited Special Session Chair, *The Love Consortium; International Association for Relationship Research*; London, England [postponed: coronavirus]
- 2019, June Invited Panelist, *New Scholar Workshop, International Association for Relationship Research (IARR)*; Ottawa, CA
- 2019, June Organizer, *The Love Consortium Preconference Workshop* to the IARR mini-conference; Ottawa, CA (June 19-20; 25 registered attendees, 75-person introductory session)
- 2019, April Organizer, *Theoretical Perspectives on the Science of Love*. An invited international interdisciplinary meeting; Chapel Hill, NC (April 25-27; 17 invited attendees)
- 2018-2019 *6th World Congress on Positive Psychology*, Melbourne, Australia
Co-Chair of Scientific Program (>300 submitted abstracts)
- 2018-2019 Scientific Program Committee, *International Society of Research on Emotion (ISRE) 2019 Conference*, Amsterdam, The Netherlands

- 2018, Jan. *Emerging Insights from the Science of Gratitude* – Organized public event and a new research conference at the University of North Carolina at Chapel Hill (26 presentations; 65 attendees from across the U.S.: www.gratitudeinsights.com)
- 2016, Oct. Invited panelist, *Women's Leadership Workshop* pre-conference to Society of Experimental Social Psychology Annual Conference; Santa Monica, CA.
- 2015 -- 2017 *Positive Emotions Pre-Conference* to Society for Affective Science Annual Conference
2015 – 2016, Conference Chair
2016 – 2017, Committee Member At-Large
- 2011 -- 2014 *Close Relationships Pre-Conference* Committee, Relationships Research Interest Group within the Society for Personality and Social Psychology:
2011-2012, Conference Co-Chair
2012-2013, Conference Chair
2013-2014, Committee Member At-Large
- 2013, May Invited attendee, U. S. White House meeting on *Psychological Science and Behavioral Economics in the Service of Public Policy* (sponsors: National Institute of Aging, Council of Economic Advisors, Association for Psychological Science, Office of Science and Technology Policy)

Symposium Chair, Invited:

Algoe (2014). “Positive Emotions and Relationships”, Positive Emotions Preconference at the Society for Affective Science Inaugural Meeting, Washington, D.C.

Speakers: S. Algoe, M. Clark, M. Maniaci, & M. Shiota

Algoe (2010). “Positive Emotions in Social Interactions”. Society for Southeastern Social Psychology Annual Meeting, Charleston, SC.

Speakers: C. Waugh, S. Algoe, & B. Converse

Symposium Co-Chair, Submitted and accepted through peer review:

**denotes graduate student*

Chang* & Algoe (2019). “Culture and Emotion: Novel Approaches and Real-World Implications.” Society for Personality and Social Psychology Annual Convention, Portland, OR.

Speakers: Y-P Chang, J. De Leersnyder, R. Jack, J. Tsai

Algoe & Oveis (2018). “New Perspectives on the Social Functions of Emotions.” Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

Speakers: S. Algoe, A. Wood, M. Boyer, C. Oveis

Gordon* & Algoe (2013). “Beyond “Thanks”: Diverse Perspectives on the Antecedents, Behaviors, and Consequences of Gratitude.” Society for Personality and Social Psychology Annual Meeting, New Orleans, LA.

Speakers: A. Wood, A. Gordon, J. Baumann, & S. Algoe

Campos & Algoe (2007). “The Rewards to be Reaped: Origins and Relational Rewards of Other-Interested Positive Emotions and Motivations.” Society for Personality and Social Psychology Annual Meeting, Memphis, TN.

Speakers: S. Preston, B. Campos, S. Algoe, & E. Impett

Carmichael & Algoe (2006). “How I Feel Changes Us: The Role of Specific Feeling States on Relationship Processes.” International Association for Relationship Research Conference, Rethymno, Crete, Greece.

Speakers: M. Clark, T. Tashiro, C. Carmichael, & S. Algoe

Evaluation of Scholarship

2019 – 2021 Organizer, Grant competition for graduate student research proposals on the Science of Love; after blind peer-review, approximately \$100,000 distributed to 10 student-led research teams in three countries in round 1 (2019-2020); round 2 solicitation is open.

2018, Oct Invited advisor; John Templeton Foundation planning meeting

Editorial Board memberships:

2019-2021 Associate Editor, *Journal of Personality and Social Psychology: Personality Processes and Individual Differences (JPSP: PPID)*

2015 -- 2018 Consulting Editor for the APA Journal: *Journal of Personality and Social Psychology: Personality Processes and Individual Differences (JPSP:PPID)*

2014 -- Consulting Editor for the APA Journal: *Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes (JPSP:IRGP)*

2013 -- Consulting Editor for the APA Journal: *Emotion*

Additional reviewing:

2019 NSF Peer Review for Social Psychology Program, ad-hoc reviewer

2017 Reviewer, Flash talk presentation submissions; Emerging Insights from the Science of Gratitude Conference

2017 Reviewer, Best New Investigator Podium Presentations; 5th World Congress on Positive Psychology, Montreal, Canada

2016 -- 2017 Member, Society for Personality and Social Psychology Fellows Committee

2016, 2017 Reviewer, Flash talk presentation submissions; Positive Emotions Preconference to Society for Affective Science Annual Meeting

2016, Oct Ad-Hoc reviewer for research symposia submissions for the International Positive Psychology Association 5th World Congress on Positive Psychology

- 2015, 2020 The John Templeton Foundation Grant Peer Review, ad-hoc reviewer
2012 -- 2014 NSF Peer Review for Social Psychology Program, ad-hoc reviewer
2012 -- 2014 Member, Award Selection Committee for Graduate Student Research Paper Award from the Relationships Research Interest Group within SPSP
- 2004 -- Ad-Hoc reviewer for the following journals: *Most frequent:* Emotion; Journal of Personality and Social Psychology; Journal of Positive Psychology; Psychological Science; Social Psychological and Personality Science; *Additional Journals:* American Psychologist, Applied Developmental Psychology, Biological Psychiatry, Biological Psychology, British Journal of Social Psychology, Cognition and Emotion, European Journal of Social Psychology, Health Psychology, International Journal of Psychology, Journal of Applied Social Psychology, Journal of Experimental Social Psychology, Journal of Happiness Studies, Journal of Moral Education, Journal of Personality, Journal of School Psychology, Journal of Social and Clinical Psychology, Journal of Social and Personal Relationships, Motivation and Emotion, Personal Relationships, Personality and Individual Differences, Personality and Social Psychology Review, Perspectives on Psychological Science, Proceedings of the National Academy of Sciences

Mentorship

- 2020 -- Co-developed and organized a professional development training program for The Love Consortium Graduate Student Fellows
2020, April Directed and helped offer webinars to facilitate the posting of archived data on The Love Consortium Dataverse (date prompted by field-wide hold on new data collection due to the novel coronavirus); 20 available sessions across 2 weeks to reach time zones worldwide.
2019, June Organizer and instructor, *Graduate Student Workshop on the Science of Love*; 2-day, 3-night workshop held with 17 selected attendees in Ottawa, CA
2016, 2014 SPSP Diversity Reception attendee as honored student's admired scholar

PROFESSIONAL SERVICE WITHIN UNC-CHAPEL HILL

Ongoing

- 2020 – present Co-Chair, Accountability Subcommittee of the Diversity Equity Leadership Committee; Psychology & Neuroscience Dept.
2020 – present Member, Education and Training subcommittee of the Diversity Equity Leadership Committee; Psychology & Neuroscience Dept.
2017 – present Departmental Institutional Review Board Committee Member; Psychology & Neuroscience Dept.
2017 – present Colloquium Committee; Psychology & Neuroscience Dept.
2017 – present Interdisciplinary Studies Faculty Advisory Committee; College of Arts & Sciences
2016 – present Research liaison; Psychology & Neuroscience Dept. Behavioral Core Lab

Past Service

- 2018 3rd Year Review Committee
- 2017 – 2020 Chair’s Advisory Committee Member; Psychology & Neuroscience Dept.
- 2015 – 2018 Thibaut Award Faculty Advisor to graduate students in the social psychology program who select the honored recipient, a senior admired researcher in the field.
- 2015, ’16, Applied for and received funding for a Graduate Research Consultant to enhance
’17, ’19 student learning in my research-intensive Interpersonal Processes course.
- 2014 – 2016 Behavioral Core Lab renovation committee; Psychology & Neuroscience Dept.
- 2014 -- 2018 Data Safety Monitoring Board Member, Dr. K. Grewen, PI; Dept. of Psychiatry
- 2014, Mar. Invited faculty attendee, Keohane Lectureship Dinner
- 2012 -- 2016 Psychology & Neuroscience Dept. Faculty Liaison to UNC Library Services
- 2012-2013 Co-Chair, Graduate Student Admissions Committee, Social Area
- 2012 UNC Psychology Dept. Instructional Faculty Search Committee Member
- 2012, Feb. Invited faculty attendee, Morehead-Cain Honors Lunch
- 2011 – **Co-Founder, Steering Committee Member of Positive Psychology Science Fund**; A fund designed to incubate the science of positive psychology through research support to trainees and collaborative scientific projects.
- 2011, Sept. Department faculty presentation of research interests for UNC Academic Day
- 2011, Oct. Invited faculty attendee, dinner with three UNC Boards (A&S Foundation BOD, Honors Advisory Board, and Women’s Leadership Council Executive Committee)
- 2009 Applied for and received funding for a Graduate Research Consultant to enhance student learning in my Research in Positive Psychology course at UNC.

RECENT MEDIA MENTIONS, INTERVIEWS, AND OUTREACH (SELECTED)
Online links available upon request, though most can be discovered via Google search

Algoe Byline

- 2.27.18 – “How to say “thank you” to your partner” *Greater Good Magazine*
2.12.18 – “Better than flowers: How gratitude cultivates happiness and long-term benefits” *Thrive*

Television, Podcast, Radio, and other audio/video interviews

- 09.20 – **Data Night, Episode 4:** [Interviewed](#) about The Love Consortium and research on social connection
04.20 – **Positive Psychology Leader Series:** “Social connection in a time of physical separation”.
10.19 – **Greater Good Science Center:** “The benefits of being a grateful person.” [Video](#)
11.18 – **UNC’s Well Said Podcast:** “How gratitude affects your body and brain.”
8.18 – Interview about my research for **The Science of Happiness Podcast**, sponsored by **Public Radio International** (“Episode 20: What if you had never met?”)
4.18 – Interview about my research for **The Science of Happiness Podcast**, sponsored by **Public Radio International** (“Episode 10: Is there someone you need to thank?”)
3.18 – Interview for **WorkLife with Adam Grant: A TED Original Podcast**
8.17 – Q&A on Gratitude with Emiliana Simon-Thomas for the **Science of Happiness Online Course** (over 100,000 enrolled)
4.17 – **The Wholebeing Institute;** see series of videos on YouTube (e.g., How stress inhibits gratitude”; “Recognizing great relationships”)
9.11.16 – **BBC Horizon:** “Jimmy Carr and the Science of Laughter”
12.24.14 – **NPR’s On Point:** “Try and Be Grateful (You’ll Thank Us Later)”

Others’ recent writing about or mention of my work in television, magazines, journals, newspapers, and digital media

- 11.26.19 – [“A witness for gratitude.”](#) *UNC’s The Well*
11.23.19 – [“Why gratitude is wasted on Thanksgiving.”](#) *New York Times*
11.22.18 – “How gratitude can improve your health, happiness, and relationships.” *CBS This Morning*
10.13.18 – “For couples, gratitude is a boomerang.” *Wall Street Journal*
8.18 – **TIME Magazine** (Special issue on “The Science of Laughter”)
7.20.18 – “You should actually send that thank you note you’ve been meaning to write” *New York Times*
2.20.18 – “How to cultivate gratitude, compassion, and pride on your team” *Harvard Business Review*
12.20.17 – “Stress less during the holiday” *Daytime TV*
12.10.17 – “How expressing gratitude can improve your relationship (and your health!)” **POPSUGAR** (25 million unique viewers, monthly)
11.20.17 – “Thanksgiving tradition of gratitude is good for your health, research says” *ABC News*
06.29.16 – “Stop making gratitude all about you” *Harvard Business Review*