

SARA B. ALGOE

July, 2022

ADDRESS

Department of Psychology and Neuroscience
University of North Carolina at Chapel Hill
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Chapel Hill, NC 27599

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PROFESSIONAL EXPERIENCE

- 2019 – present Director, The Love Consortium: www.theloveconsortium.org
- 2022 -- Professor; Director, Emotions & Social Interactions in Relationships Laboratory; University of North Carolina at Chapel Hill
- 2017 – 2022 Associate Professor; Director, Emotions & Social Interactions in Relationships Laboratory; University of North Carolina at Chapel Hill
- 2014, Fall University of California, Berkeley, Institute of Personality and Social Research, Visiting Scholar
- 2011 – 2017 Assistant Professor; Director, Emotions & Social Interactions in Relationships Laboratory; University of North Carolina at Chapel Hill
- 2009 – present Owner / Principal; Algoe Consulting and Emotions Research, LLC
- 2009 – 2011 Research Assistant Professor; University of North Carolina at Chapel Hill

EDUCATION AND TRAINING

- 2007 – 2009 University of North Carolina at Chapel Hill, Post-Doctoral Fellow
Positive Emotions and Psychophysiology
- 2005 - 2007 University of California, Los Angeles, Post-Doctoral Fellow
Biobehavioral Issues in Physical and Mental Health (NIMH)
- 2005 University of Virginia, PhD, Psychology (Social)
- 1998 University of Wisconsin at Madison, B.A.: Psychology and English

HONORS AND AWARDS

- 2021 Teaching Commendation, Undergrad; UNC Dept of Psychology & Neuroscience
- 2019 Fellow, Association for Psychological Science
- 2016 Fellow, Society for Personality and Social Psychology

2015 – 2017	National Institutes of Health Clinical Loan Repayment Program Award via National Center for Advancing Translational Sciences (NCATS)
2013 – 2015	National Institutes of Health Clinical Loan Repayment Program Award via National Center for Advancing Translational Sciences (NCATS)
2014	Fellow, Society for Experimental Social Psychology (SESP)
2004	Distinguished Teaching Fellowship, University of Virginia
2004	SPSP Conference Student Travel Award
2003	Selected attendee, NSF-Sponsored Summer Institute in Social Psychology
2000, 2001, 2003	Positive Psychology Summit Student Travel Award
2002 – 2005	Pre-doctoral National Research Service Award, National Institute of Mental Health (5F31MH67293-3)
2002	Maury Pathfinder Best Predissertation Award, UVA Department of Psychology
2001	Selected attendee, Positive Psychology Summer Institute; Sea Ranch, CA

GRANTS AND CONTRACTS

External Grants Awarded, PI or Co-PI

The John Templeton Foundation <i>Validation and Unification of Love Measurement</i> Role: Principal Investigator \$1,433,137 total direct costs (35.1% total effort)	2021--2024
The John Templeton Foundation <i>Living in Love: A Scientific Framework for the Future</i> Role: Principal Investigator \$1,596,794 total direct costs (41.9% total effort)	2018 -- 2021
<i>No cost extension due to coronavirus pandemic influence on activities</i> \$31,516 additional total direct costs (\$1,628,310 total for the project)	2021 – 2023
The John Templeton Foundation <i>Gratitude and Societal Good</i> Role: Principal Investigator \$973,251 total direct costs (33.6% total effort)	2015 -- 2018
The University of Pennsylvania Character Lab, Bridging Research and Practice, via JTF <i>Picture This: Framing Purpose and Bringing Gratitude Into Focus</i> Role: Co-Principal Investigator (PI: McKee; University of Georgia [UGA]) \$276,689 total direct costs (\$49,028 total direct to UNC; 16.8% total effort)	2015 -- 2017
The John Templeton Foundation <i>Bringing Joy into Focus and Developing Healthy Habits of Mind</i> Role: Co-Principal Investigator (PI: McKee; Clark University then UGA) \$240,360 total direct costs (\$84,937 total direct to UNC; 25% total effort)	2013 -- 2015

S. Algoe, 3

The Greater Good Science Center

Unpacking the Mechanisms for Gratitude's Benefits in Close Relationships

Role: **Principal Investigator**

\$173,913 total direct costs (6.3% total effort)

2012 -- 2014

External Grants Awarded, Co-Investigator

The John Templeton Foundation

Uncovering the Cognitive and Cultural Foundations of Gratitude

Role: Co-Investigator (PI: McCullough; UC-San Diego)

\$575,761 total direct costs to UNC (10% effort)

Aug 2022 – July 2025

Biola University / John Templeton Foundation

On Thanksgiving: How gratitude to God is demonstrated, with consequences for the grateful person and witnesses

Role: Co-Investigator (PI: Van Cappellen; Duke University)

\$195,500 total direct costs (\$44,005 total direct to UNC)

2020 – 2022

NCCAM: 1R01-AT007884 - 02

Nonconscious Affective and Physiological Mediators of Behavioral Decision Making

Role: Co-Investigator (PI: Fredrickson)

\$906,312 total direct costs (8.3% total effort)

2013 -- 2016

NIMH R21/R33: NIMH-R21-MH100250-01A1

Targeting Stress Reactivity in Schizophrenia: Integrated Coping Awareness Therapy

Role: Co-Investigator (PI: Penn / Meyer-Kalos)

\$375,000 total direct costs (4% effort for each of two years)

2013 -- 2016

NCI: 1R01-CA170128 - 03

Promoting Cancer-related Behavior Change through Positive Emotions (P4)

Role: Co-Investigator (PI: Fredrickson)

\$1,403,183 total direct costs (16.6% total effort)

2012 -- 2016

NINR R01

Affective and Genomic Mediators of Sustained Behavior Change.

Role: Co-Investigator (PI: Fredrickson)

\$1,919,085 total direct costs (25% total effort)

2010 -- 2013

Internal Grants Awarded, PI

Stephenson and Lindquist Award Funds, UNC-CH Department of Psychology & Neuroscience

The Roles of Cortisol and Estradiol in Interpersonal Processes

Role: **Principal Investigator**

\$3,000 total direct costs (0% effort; N/A for this grant)

2015 – 2016

- Robert Neal Watson/Katherine Delana Watson Dorsch Junior Faculty Development Award,
University of North Carolina at Chapel Hill
Dissociation of Distinct Positive Emotions via Distinct Social Cognitions
Role: **Principal Investigator**
\$7,500 total direct costs (0% effort; N/A for this grant) 2013
- University Research Council, University of North Carolina
Oxytocin: Plausible Mechanism for Link Between Positive Social Relationships and Health
Role: **Principal Investigator**
\$4,994 total direct costs (0% effort; N/A for this grant) 2009 -- 2011
- Faculty Research Grant, University of California, Los Angeles
Well-Being of Medical School Applicants
Role: **Principal Investigator** (Sponsoring PI: Stanton)
\$6,000 total direct costs (0% effort; N/A for this grant) 2006 -- 2007
- Hilldale Undergraduate Collaborative Research Grant, University of Wisconsin, Madison
The Impact of Gender and Social Role on the Interpretation and Effect of Emotional Displays
Role: **Principal Investigator**
\$4,000 total direct costs (100% effort) 1997 -- 1998

Consulting Contracts Awarded

- TechWerks, LLC 2010 - 2017
Scientific advisor on methods for appropriate implementation and evaluation of resilience training programs in military populations (e.g., Army, Air Force).
- University of Pennsylvania, U.S. Army/Department of Defense Grant (PI: Jha) 2009 -- 2011
Project: I delivered an 8-week “Positive Emotions Resilience Training” to 40 U.S. Soldiers in an experimental investigation of training on attention and working memory.
- US Army, Comprehensive Soldier Fitness, Emotional Fitness Dimension 2009 -- 2010
Project: I was the subject matter expert developing online training in emotional fitness for 1.1 million active duty soldiers: <http://www.army.mil/csf/>

PUBLICATIONS

** denotes a student or ⁺postdoctoral trainee co-author at the time of the work;*

#denotes senior/anchor author status, when not first author

Manuscripts under Review or Revision for Resubmission -- available upon request

Chandler, K.,* Don, B. P., Jolink, T. A.,* Murphy, B. A., ⁺ & **Algoe, S. B.** # (2022). Relationship commitment as observed in everyday assurance behavior and time spent co-present with the partner.

Don, B. P. ⁺ & **Algoe, S. B.** # (2022). When you appreciate me, I can rely on you: Gratitude enhances perceptions of social support in romantic relationships.

Don, B. P., Simpson, J., **Algoe, S.B.**, & Fredrickson, B. L. (2022). Interparental Positivity Spillover Theory: How do parents' positive relational interactions influence children?

Jolink, T. A.,* & **Algoe, S. B.** # (2022). What happens in initial interactions forecasts relationship development: Showcasing the role of social behavior.

Jolink, T. A.,* Way, B. M., Younge, A.,* Oveis, C. & **Algoe, S. B.** # (2022). Everyday co-presence with a romantic partner is associated with lower c-reactive protein.

Murphy, B. A., ⁺ Baker, Z. G., Don, B. P., ⁺ Watts, A. L., Jolink, T. A., * & **Algoe, S. B.** # (2022). The Basic Psychological Need Satisfaction and Frustration Scales probably do not validly measure need frustration.

Murphy, B. A., ⁺ Casto, K., Jolink, T., * Costello, T. H., Watts, A. L., Verona, E., **Algoe, S. B.** & Lilienfeld, S. O. (2022). "Desiring power" vs. "feeling powerful": The pervasive and problematic conflation of these two aspects of social influence.

Park, Y., Sanscartier, S., Impett, E., **Algoe, S. B.**, Leonhardt, N., Schrage, K., & MacDonald, G. (2022). Attachment insecurity and self-reported frequency of experiencing positive emotions.

Van Cappellan, P., Clapp, A., & **Algoe, S. B.** (2022). The prevalence and forms of gratitude to God as compared to humans, in religious individuals.

Younge, A.,* Melwani, S., **Algoe, S. B.** (2022). Grateful or slimy? How power and perspective influence the perceptions of authentic gratitude in organizations.

Peer-Reviewed Publications

Chang, Y-P,* Way, B., Sheeran, P., Kurtz, L. E.,* Baucom, D. H., & **Algoe, S. B.** # (in press). Implementation intentions to express gratitude increase daily time co-present with an intimate partner, with moderation by variation in *CD38*.

- Gu, Y., Ocampo, J., **Algoe, S. B.**, & Oveis, C. (in press). Gratitude expressions improve teams' cardiovascular stress responses. *Journal of Experimental Psychology: General*.
- Hooker, E. D.,⁺ & **Algoe, S. B.**[#] (in press). Integrating research on social class and social relationships. *Social and Personality Psychology Compass*.
- Murphy, B. A.,⁺ & Algoe, S. B. (in press). Empathy and creativity: The dangers of the methodological tail wagging the conceptual dog. *Emotion Review*
- Murphy, B.,⁺ Lilienfeld, S. O., & **Algoe, S. B.**[#] (in press). Why we should reject the restrictive isomorphic matching definition of empathy. *Emotion Review*
- Chang, Y-P,* Dwyer, P.,⁺ & **Algoe, S. B.**[#] (2021). Better together: Integrative analysis of behavioral gratitude in close relationships using the Three-Factorial Interpersonal Emotions (TIE) framework. *Emotion, Online First*: <http://dx.doi.org/10.1037/emo0001020>
- Don, B. P.,⁺ **Algoe, S. B.**, & Fredrickson, B. L. (2021). Does meditation training influence social approach and avoidance goals? Evidence from a randomized intervention study of midlife adults. *Mindfulness, 12*(3), 582-593. doi: 10.1007/s12671-020-01517-0
- Don, B. P.,⁺ Eller, J., Simpson, J. A., Fredrickson, B. L., **Algoe, S. B.**, Rholes, S. W., & Mickelson, K. D. (2021). New parental positivity: The role of positive emotions in promoting relational adjustment during the transition to parenthood. *Journal of Personality and Social Psychology, Advance Online Publication*: <http://dx.doi.org/10.1037/pspi0000371>
- Halverson, T. F., Myers-Kalos, P. S., Perkins, D. O., Gaylord, S., Palsson, O. S., Nye, L., **Algoe, S. B.**, Grewen, K., & Penn, D. L. (2021). Enhancing stress reactivity and wellbeing in early schizophrenia: A randomized controlled trial of Integrated-Coping Awareness Therapy (I-CAT). *Schizophrenia Research*. doi.org/10.1016/j.schres.2021.07.022
- Jolink, T. A.,* Chang, Y-P, & **Algoe, S. B.**[#] (2021). Perceived partner responsiveness forecasts behavioral intimacy via affectionate touch. *Personality and Social Psychology Bulletin, advance online publication*. doi: 10.1177/0146167221993349
- Waters, L., **Algoe, S. B.**, Dutton, J., Emmons, R., Fredrickson, B. L., Heaphy, E., Moskowitz, J. T., Neff, K., Neimeic, R., Pury, C., & Steger, M. (2021). Positive psychology in a pandemic: Buffering, bolstering, and building mental health. *Journal of Positive Psychology, advance online publication*. doi: 10.1080/17439760.2021.1871945
- Algoe, S. B.** (2020). Developing and maintaining high-quality relationships via emotion. Commentary on Vaish and Hepach. *Emotion Review; advance online publication*. doi: 10.1177/1754073920931577
- Algoe, S. B.**, Dwyer, P. C.,⁺ Younge, A.,* & Oveis, C. (2020). A new perspective on the social functions of emotions: Gratitude and the witnessing effect. *Journal of Personality and Social Psychology, 119*(1). doi: 10.1037/pspi0000202

⌘ The above publication was named one of the Top 10 Insights from the “Science of a Meaningful Life” in 2020 by the Greater Good Science Center (Dec., 2020; link [here](#))

Chang, Y-P.,* & **Algoe, S. B.** # (2020). On Thanksgiving: Cultural variation in gratitude demonstrations and perceptions in the United States and Taiwan. *Emotion*, 20(7), 1185-1205. doi: 10.1037/emo0000662

Don, B. P. + & **Algoe, S. B.** # (2020). Impermanence in relationships: Trait mindfulness attenuates the negative personal consequences of everyday dips in relationship satisfaction. *Journal of Social and Personal Relationships*, advance online publication. doi: 10.1177/0265407520921463

⌘ The above publication was featured in a [Relationship Matters podcast](#) (January, 2021; episode 100)

Don, B. P.,+ Fredrickson, B. L., & **Algoe, S. B.** # (2020). Enjoying the sweet moments: Approach motivation upwardly enhances reactivity to positive interpersonal processes, with spillover to partners. *Journal of Personality and Social Psychology*, advance online publication. doi: 10.1037/pspi0000312

Duprey, E. B., McKee, L. G., O’Neal, C. W., Campos, B. & **Algoe, S. B.** (2020). Stressors resources, and mental health among Latino adolescents: The role of gratitude. *Journal of Applied Developmental Psychology*, 70. doi: 10.1016/j.appdev.2020.101191

McKee, L. G., **Algoe, S. B.**, Faro, A. L., & O’Leary, J. L. (2020). What do daily reports add to the picture? Results from a photography intervention designed to increase positive emotion. *Journal of Positive Psychology*, advance online publication. doi: 10.1080/17439760.2020.1789697

Algoe, S. B. (2019). Positive Interpersonal Processes. *Current Directions in Psychological Science*, 28(2), 183-188. doi: 10.1177/0963721419827272

Dwyer, P. C.,+ Chang, Y-P,* Hannay, J.,* & **Algoe, S. B.** # (2019). When does activism benefit well-being? Evidence from a longitudinal study of Clinton voters in the 2016 U.S. Presidential Election. *Plos One*, 14(9). doi: 10.1371/journal.pone.0221754

Le Nguyen, K. D., Lin, J., **Algoe, S. B.**, Brantley, M. M., Kim, S. L., Brantley, J., Salzberg, S., & Fredrickson, B. L. (2019). Loving-kindness meditation slows biological aging in novices: Evidence from a 12-week randomized controlled trial. *Psychoneuroendocrinology*, 108, 20-27. doi: 10.1016/j.psyneuen.2019.05.020

McKee, L. G., **Algoe, S. B.**, Faro, A., O’Leary, J. L., & O’Neal, C. (2019) *Picture This! Bringing joy into focus and developing healthy habits of mind: Rationale, design, and implementation of a randomized control trial for emerging adults. Contemporary Clinical Trials Communications*, 15, 100391. doi: 10.1016/j.conctc.2019.100391

- Adair, K. C.,* Boulton, A. J., & **Algoe, S. B.** # (2018). The effect of mindfulness on relationship satisfaction via perceived responsiveness: Findings from a dyadic study of heterosexual romantic partners. *Mindfulness*, *9*(2), 597-609. doi: 10.1007/s12671-017-0801-3
- Clark, J. L.,* **Algoe, S. B.**, & Green, M. C. (2018). Social network sites and well-being: The role of social connection. *Current Directions in Psychological Science*, *27*(1), 32-37. doi: 10.1177/0963721417730833
- ⌘ The above publication was featured in an Association for Psychological Science *Observer* column on Teaching Current Directions in Psychological Science, by D. Myers (April, 2018)
- Duprey, E. B., McKee, L. G., O'Neal, C. W., & **Algoe, S. B.** (2018). Stressful life events and internalizing symptoms in emerging adults: The roles of mindfulness and gratitude. *Mental Health & Prevention*, *12*, 1-9. doi: 10.1016/j.mhp.2018.08.003
- Algoe, S. B.**, Kurtz, L. E.,* & Grewen, K. (2017). Oxytocin and social bonds: The role of oxytocin in perceptions of romantic partner bonding behavior. *Psychological Science*, *28*(12), 1763-1772. doi: 10.1177/0956797617716922
- Fredrickson, B. L., Boulton, A. J., Firestone, A. M., Van Cappellen, P., **Algoe, S. B.**, Brantley, M. M., Kim, S. L., Brantley, J., & Salzberg, S. (2017). Positive emotion correlates of meditation practice: A comparison of mindfulness meditation and loving-kindness meditation. *Mindfulness*, *8*, 1623-1633. doi: 10.1007/s12671-017-0735-9
- Isgett, S. F.,* Kok, B. E., Baczowski, B., **Algoe, S. B.**, Grewen, K. M., & Fredrickson, B. L. (2017). Influences of oxytocin and respiratory sinus arrhythmia on social behavior and emotions in daily life. *Emotion*, *17*(8), 1156-1165. doi: 10.1037/emo0000301.
- Kurtz, L. E.,* & **Algoe, S. B.** # (2017). When sharing a laugh means sharing more: Testing the role of shared laughter on short-term interpersonal consequences. *Journal of Nonverbal Behavior* *41*(45) doi: 10.1007/s10919-016-0245-9
- Algoe, S. B.**, Kurtz, L. E.,* & Hilaire, N. M.* (2016). Putting the “you” in “thank you”: Other-praising behavior explains the role of expressed gratitude in social life. *Social Psychological and Personality Science*, *7*(7), 658-666. doi: 10.1177/1948550616651681
- ⌘ The above publication was featured in a *Harvard Business Review* article (June 29, 2016).
- Chang, Y-P.,* **Algoe, S. B.**, & Chen, L. (2016). Affective valence signals agency within and between people. *Emotion, online first*. doi: http://dx.doi.org/10.1037/emo0000229
- Isgett, S. F.,* **Algoe, S. B.**, Boulton, A. J., Way, B., & Fredrickson, B. L. (2016). Common variant in *OXTR* predicts growth in positive emotions from loving-kindness training. *Psychoneuroendocrinology*, *73*. 244-251. doi: 10.1016/j.psyneuen.2016.08.010

Algoe, S. B., & Zhaoyang, R.* (2016). Positive psychology in context: Effects of expressing gratitude in ongoing relationships depend on perceptions of enactor responsiveness. *Journal of Positive Psychology, 11*(4), 399-415. doi: 10.1080/17439760.2015.1117131

Fredrickson, B. L., Grewen, K. M., **Algoe, S. B.,** Firestine, A. M., Arevalo, J. M. G., Ma, J., & Cole, S. W. (2015). Psychological well-being and the human conserved transcriptional response to adversity. *PLoS ONE, 10*(3): e0121839. doi: 10.1371/journal.pone.0121839

Kurtz, L. E.,* & **Algoe, S. B.** # (2015). Putting laughter in context: Shared laughter as a behavioral indicator of relationship well-being. *Personal Relationships, 22*(4), 573-590. doi: 10.1111/per.12095

⌘ Interviewed about the above research by several outlets, from UNC's *Daily Tarheel* to the BBC *Horizon* documentary film on the science of laughter.

Algoe, S. B. & Way, B. (2014). Evidence for a role of the oxytocin system, indexed by genetic variation in *CD38*, in the social bonding effects of expressed gratitude. *Social Cognitive and Affective Neuroscience*; doi: 10.1093/scan/nst182

⌘ The above research was discussed in the *Boston Globe* and the *New York Times*.

Catalino, L. I.,* Coffey, K. A., **Algoe, S. B.,** & Fredrickson, B. L. (2014). Prioritizing positivity: An effective approach to pursuing happiness? *Emotion, 14*(6), 1155-1161. doi: 10.1037/a0038029

Kok, B. E., Coffey, K. A., Cohn, M. A., Catalino, L. I., Vacharkulksemsuk, T., **Algoe, S. B.,** Brantley, M., & Fredrickson, B. L. (2013). How positive emotions build physical health: Perceived positive social connections account for the upward spiral between positive emotions and vagal tone. *Psychological Science, 24*(7), 1123-1132. doi: 10.1177/0956797612479827

Fredrickson, B. L., Grewen, K. M., Coffey, K. A., **Algoe, S. B.,** Firestine, A. M., Arevalo, J. M. G., Ma, J., & Cole, S. W. (2013). A functional genomic perspective on human well-being. *Proceedings of the National Academy of Sciences, 110*(33), 13684-13689. doi: 10.1073/pnas.1305419110

Algoe, S. B., Fredrickson, B. L., & Gable, S. L. (2013). The social functions of the emotion of gratitude via expression. *Emotion, 13*(4), 605-609. doi: 10.1037/a0032701

⌘ The above publication was mentioned in a *Harvard Business Review* article (Feb. 20, 2018).

Algoe, S. B. (2012). Find, Remind, and Bind: The functions of gratitude in everyday relationships. *Social and Personality Psychology Compass, 6*(6), 455-469. doi: 10.1111/j.1751-9004.2012.00439.x

⌘ The above theory was discussed by name on *CBS This Morning* (Nov. 22, 2018).

- Algoe, S. B.,** & Stanton, A. L. (2012). Gratitude when it is needed most: Social functions of gratitude in women with metastatic breast cancer. *Emotion, 12*(1), 163-166. doi: 10.1037/a0024024
- Algoe, S. B.,** & Fredrickson, B. L. (2011). Emotional Fitness and the movement of affective science from lab to field. *American Psychologist, 66*(1), 35-42. doi: 10.1037/a0021720
- Algoe, S. B.,** Gable, S. L., & Maisel, N. (2010). It's the little things: Everyday gratitude as a booster shot for romantic relationships. *Personal Relationships, 17*, 217-233. doi: 10.1111/j.1475-6811.2010.01273.x
- Algoe, S. B.,** & Haidt, J. (2009). Witnessing excellence in action: The “other-praising” emotions of elevation, gratitude, and admiration. *Journal of Positive Psychology, 4*(2), 105-127. doi: 10.1080/17439760802650519

⌘ The above publication is the third most-cited article in this journal (November, 2020).

- Koo, M., **Algoe, S. B.,** Wilson, T. D., & Gilbert, D. T. (2008). It's a wonderful life: Mentally subtracting positive events improves people's affective states, contrary to their affective forecasts. *Journal of Personality and Social Psychology, 95* (5), 1217-1224. doi: 10.1037/a0013316
- Algoe, S. B.,** Haidt, J., & Gable, S. L. (2008). Beyond reciprocity: Gratitude and relationships in everyday life. *Emotion, 8*, 425-429. doi: 10.1037/1528-3542.8.3.425
- Algoe, S. B.,** Buswell, B. N., & DeLamater, J. D. (2000). Gender and job status stereotypes as contextual cues for the interpretation of facial expression of emotion. *Sex Roles, 42*(3/4), 183-208. doi:10.1023/A:1007087106159

Data Citations

- Algoe, Sara,** 2019, “Greater Good Science Center Study 1, 2012-2013”, <https://doi.org/10.15139/S3/T47DYS>, UNC Dataverse, V1
- Algoe, Sara;** Fredrickson, Barbara, 2019 “Carolina Couples Study, 2008 (“CC08”)”, <https://doi.org/10.15139/S3/MFYEHZ>, UNC Dataverse, V1
- Algoe, Sara;** Fredrickson, Barbara, 2019 “Understanding Romantic Relationships, 2009 (“URR”)”, <https://doi.org/10.15139/S3/75VVA6>, UNC Dataverse, V1

Publications in Edited Volumes

- Algoe, S. B.,** & Jolink, T.* (2021). Social bonds: A new look at an old topic. In Van Lange, P. A. M., Higgins, E. T. & Kruglanski, A. (Eds.) *Social Psychology: Handbook of Basic Principles*. (pp. 140-163) New York, NY: The Guildford Press.

- Wood, A. M., Emmons, R. A., **Algoe, S. B.**, Froh, J. J., Lambert, N. M., & Watkins, P. (2016). A Dark Side of Gratitude? Distinguishing between Beneficial Gratitude and its Harmful Imposters for the Positive Clinical Psychology of Gratitude and Well-Being. In Wood, A. M. & Johnson, J. [Eds.] *The Wiley Handbook of Positive Clinical Psychology*. (pp. 137-151) Chinchester, UK: Wiley.
- Algoe, S. B.**, Fredrickson, B. L., & Chow, S-M. (2011). Emotions Research. In Sheldon, Kashdan, & Steger (Eds.) *Designing the Future of Positive Psychology: Taking Stock and Moving Forward*. (pp. 115-132). New York, NY: Oxford University Press.
- Gable, S., & **Algoe, S. B.** (2010). Being there when things go right: Support processes for positive events. In K. Sullivan & J. Davila (Eds.) *Support Processes in Intimate Relationships*. (pp. 200-216). New York, NY: Oxford University Press.
- Algoe, S. B.**, & Stanton, A. L. (2009). Is benefit finding good for individuals with chronic disease? In C. Park, S. Lechner, A. L. Stanton, M. H. Antoni (Eds.) *Medical Illness and Positive Life Change: Can Crisis Lead to Personal Transformation?* (pp. 173-193). Washington, DC: American Psychological Association.
- Campos, B. & **Algoe, S. B.** (2009). Kindness. In S. Lopez & A. Beauchamp (Eds.) *Encyclopedia of Positive Psychology*. (pp. 551-557). Malden, MA: Wiley-Blackwell.
- Haidt, J. D., & **Algoe, S. B.** (2004). Elevation, disgust, and attachment to heroes. In J. Greenberg, T. Pyszczynski, & S. Koole (Eds.) *Handbook of Experimental Existential Psychology*. (pp. 322-335). New York: The Guilford Press.

COLLOQUIA AND INVITED TALKS

Limited to past 5 years (2017-2022), of 37 since I started my position at UNC in 2011

- | | |
|-------------|---|
| 2022, April | University of Minnesota; Interpersonal Relationships Group |
| 2021, July | Keynote speaker: International Positive Psychology Association 7 th World Congress |
| 2021, July | Panelist, “Positive Psychology in a Pandemic”; Past President Symposium (L. Waters); International Positive Psychology Association 7 th World Congress |
| 2021, Apr | Society for Affective Science Presidential Plenary Panel |
| 2021, Apr | Keynote: Chowan University, The Pursuit of Happiness 2-day symposium; Murfreesboro, NC |
| 2021, Apr | The Human Flourishing Program’s Colloquium on Love; Harvard University |
| 2020, Feb | Guest of honor / speaker; Salon on the value of positive social interactions with national media (i.e., journalists and producers); Washington, DC |
| 2020, Feb | Happiness and Wellbeing Preconference to the Society for Personality and Social Psychology Annual Meeting; New Orleans, LA |
| 2020, Feb | Yale University; Marketing Department; New Haven, CT |
| 2019, July | International Positive Psychology Association 6 th World Congress, Melbourne, Australia |
| 2019, June | Keynote: International Association for Relationship Research <i>Positive Action in Relationships</i> Mini-Conference; Ottawa, Canada |

2019, April	John Templeton Foundation Speaker Series; West Conshohocken, PA
2018, Oct	Carleton College and Gustavus Adolphus College; Northfield, MN; Psychology Departments
2018, Mar	University of Wisconsin, Madison; Psychology Department
2017, Dec	UNC Campus Health Annual Retreat
2017, Nov	Purdue University; Psychology Department
2017, July	International Positive Psychology Association (IPPA) 5 th World Congress; Montreal, Quebec, Canada
2017, Apr	UNC Cole-Wood Scholars Dinner
2017, Feb	OneCarolina All Development Meeting
2017, Jan	Emotion Preconference of SPSP Annual Meeting; San Antonio, TX

PRESENTATIONS

** denotes a student or + postdoctoral (at the time the work was conducted) co-author*

Talks Presented at Conferences and Meetings

Limited to past 5 years (2016-2021), of 37 since I started my position at UNC in 2011

Jolink, T.,* & Algoe, S. B. (May, 2021). *Kick it with me: The role of social bonding behavior in relationship initiation*. Presented at the Association for Psychological Science 2021 Virtual Convention.

Don, B.,+ & Algoe, S. B. (Feb., 2021). *When you appreciate me, I can rely on you: Gratitude enhances social support perceptions and interactions in intimate relationships*. Presented at the 22nd Annual Meeting of the Society for Personality and Social Psychology.

Algoe, S. B., Chang, Y-P.,* Sheeran, P., & Way, B. (Nov, 2020). *Gratitude and social bonds in everyday life: The oxytocin system, time spent together, and behavioral nudges*. The Love Consortium 3rd Community Event, *Harnessing Gratitude for Good*.

Murphy, B., + & Algoe, S. B. (Sept, 2020). *Core features of love and different flavors of love: The value of bifactor models for item selection in scale creation*. The Love Consortium 2nd Community Event, *What is Love?*

Algoe, S. B., Chang, Y-P., & Sheeran, P. (Feb., 2020). *A gratitude intervention increases how much time couples spend together*. Presented at the 21st Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Chang, Y.-P., & Algoe, S. B. (2019). *Cultural Variation in Gratitude Demonstrations and Perceptions Between the United States and Taiwan*. Presented at the 13th Conference of Asian Association of Social Psychology (AASP), Taipei, Taiwan.

Dwyer, P. B.,+ Algoe, S. B., Younge, A.*, & Oveis, C. (May, 2019). *Social functions of gratitude at the group level of analysis: The witnessing effect and the role of other-praising behavior*. Presented at the 31st Annual Convention of the Association for Psychological Science, Washington, DC.

- Chang, Y-P*, and Algoe, S. B. (February, 2019). *On Thanksgiving: Cultural variation in gratitude demonstrations and perceptions between the United States and Taiwan*. Presented at the 20th Annual Meeting of Society for Personality and Social Psychology, Portland, OR.
- Jolink, T.*, Chang, Y-P,* & Algoe, S. B. (February, 2019). *Hold me closer: Perceived partner responsiveness as a precursor to affectionate touch*. Presented at the 20th Annual Meeting of Society for Personality and Social Psychology, Portland, OR.
- Dwyer, P. B.,⁺ Algoe, S. B., Younge, A.,* & Oveis, C. (September, 2018). *A new perspective on the prosocial functions of emotions: Gratitude and the witnessing effect*. Presented at the 5th Science of Philanthropy Initiative (SPI) Conference, Indianapolis, IN.
- Algoe, S. B. (2018, April). *A new perspective on the social functions of emotions: Gratitude and the witnessing effect*. Presented at the 5th Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Los Angeles, CA.
- Algoe, S. B. (2018, March). *Biological bases of social emotion: Gratitude, oxytocin, and the attachment system*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.
- Oveis, C., Dwyer, P. B.,⁺ Younge, A.* & Algoe, S. B. (2018, March). *The social functions of gratitude at the group level of analysis: Effects on 3rd party witnesses' behaviors*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.
- Algoe, S. B. (2018, January). *Considering expressed gratitude as a health behavior*. Presented at the Emerging Insights from the Science of Gratitude Conference. Chapel Hill, NC.
- Farnham, A., O'Neal, C. W., McKee, L., Duprey, E., & Algoe, S. B. (2017, November). *Peer, parents, and prejudice and adolescent outcomes: Gratitude as a buffer*. Presented at the National Council on Family Relations Annual Conference. Orlando, FL.
- Algoe, S. B. (2017). *The social functions of gratitude at the group level of analysis: Effects on 3rd party witnesses*. Presented at the International Society for Research on Emotion, St. Louis, MO.
- McKee, L. Algoe, S. B., Faro, A., O'Leary, J. (2017, April). *Picture this: Taking photographs to train attention toward joy and gratitude*. Presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.
- Algoe, S. B. (2017, January). *The role of laughter, when shared, in the promotion of dyadic relationships*. Presented at the 18th Annual Meeting of Society for Personality and Social Psychology, San Antonio, TX.
- Algoe, S. B. (2016, July). *Perceived partner responsiveness is the lynchpin for the role of expressed gratitude in social life*. Presented at the Meeting of the International Association of Relationships Researchers, Toronto, Ontario, CA.

Gu, Y.,* Oveis, C., & Algoe, S. B. (2016, March). *Don't forget to say thank you: Gratitude, social perception, and creativity*. Presented at the 3rd Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Chicago, IL.

Algoe, S. B. (2016, January). *Using expressed gratitude as a method for uncovering gratitude's role in relational "binding"*. Presented at the 17th Annual Meeting of Society for Personality and Social Psychology, San Diego, CA.

Posters

Limited to past 5 years (2017-2022), of 25 since I started my position at UNC in 2011

(Note: Poster presentations in 2020-2021 were limited by the novel coronavirus pandemic.)

Goyer, M. S., McKee, L. G., Michel, J., & **Algoe, S. B.** (Nov., 2019). *How awe, love, and gratitude relate to depressive symptoms through social connection*. Presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, Georgia.

Goyer, M., McKee, L. G., Duprey, E., Michel, J., **Algoe, S. B.**, Campos, B. (2019, April). *How Emotion Socialization Relates to Grit and Depressive Symptoms in Latinx Adolescents*. Presented at ResilienceCon, Nashville, TN

Dwyer, P. C.,⁺ Chang, Y-P.,* Hannay, J.,* & **Algoe, S. B.** (February, 2019). *When does activism benefit well-being? Evidence from a longitudinal study of Clinton voters in the 2016 U.S. Presidential Election*. Presented at the 20th Annual Meeting of Society for Personality and Social Psychology, Portland, OR.

Dwyer, P. C.,⁺ **Algoe, S. B.**, Younge, A.,* & Oveis, C. (November, 2018). *A new perspective on the prosocial functions of emotions: Gratitude and the witnessing effect*. Presented at the Annual Conference of the Association for Research on Nonprofit Organizations and Voluntary Action, Austin, TX.

Arce, M. A., McKee, L. G., **Algoe, S. B.**, Campos, B. (2018, July). *An examination of direct and indirect effects of familism on self-esteem via gratitude among Latinx adolescents*. Presented at the Society for the Psychological Study of Culture, Ethnicity, and Race Research Biennial Conference, Austin, TX.

Jolink, T.,* & **Algoe, S. B.** (2018, July). *Lover's touch: The association between perceived partner responsiveness and physical affection*. Presented at the International Association of Relationship Researchers Annual Conference, Fort Collins, CO.

Chang, Y-P.,* Sheeran, P., & **Algoe, S. B.** (2018, March). *Feeling touched: Expressing gratitude to partners increases time shared with them in person*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.

Gheorma, L.,* & **Algoe, S. B.** (2018, March). *Considering the overperception of partner's positive emotion in romantic relationships*. Presented at the 19th Annual Meeting of Society for Personality and Social Psychology, Atlanta, GA.

McKee, L. G., O'Neal, C. W., & **Algoe, S. B.** (2017, November). *Emotion socialization, positive parenting, and psychosocial outcomes for Hispanic youth*. Presented at the Association for Behavioral and Cognitive Therapy 51st Annual Convention, San Diego, CA.

Gheorma, L.* & **Algoe, S. B.** (2017, April). *Positive emotions and blood pressure*. Presented at the 4th Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Boston, MA.

Ocampo, J. M., Gu, Y., Bergstrom, T., Chen, M., **Algoe, S. B.**, & Oveis, C. (2017, April). *Gratitude expressions in the workplace increase perceived warmth and competence of the expresser*. Presented at the 4th Annual Positive Emotions Preconference to the Society for Affective Science Annual Meeting, Boston, MA.

Clark, J. L.*, & **Algoe, S. B.** (2017, January). *The Grass is Greener: Social Comparison on Facebook Predicts Decreases in Well-Being*. Presented at the 18th Annual Meeting of Society for Personality and Social Psychology, San Antonio, TX.

Dwyer, P. C., Chang, Y-P.,* & **Algoe, S. B.** (2017, January). *Better together: Interpersonal and Intrapersonal benefits from everyday expressions of gratitude in ongoing relationships*. Presented at the 18th Annual Meeting of Society for Personality and Social Psychology, San Antonio, TX.

TEACHING ACTIVITIES

Courses Taught (since Fall 2016)

Fall 2022: Graduate: PSYC 863, Methods of Social Psychology (10 students)
Spring 2021: Undergraduate: PSYC 564, Interpersonal Relationships (21 students)
 Graduate: PSYC 866, Interpersonal Relationships (9 students)
Fall 2019: Undergraduate: PSYC 564, Interpersonal Relationships (23 students)
Spring 2019: Graduate: PSYC 866, Interpersonal Relationships (3 students)
Fall 2018: Graduate: PSYC 860, Research Seminar in Social Psychology (6 students)
Spring 2018: Undergraduate: PSYC 564, Interpersonal Relationships (24 students)
Fall 2017: Graduate: PSYC 863, Methods of Social Psychology (8 students)
Fall 2016: Undergraduate: PSYC 564, Interpersonal Processes (34 students)
 Graduate: PSYC 866, Relationships (8 students)

Postdoctoral Trainees

2019 -- Hooker, Emily; PhD from University of California, Irvine
 2019 -- Murphy, Brett; PhD from Emory University, JD from Harvard University
 2019 -- 2021 Don, Brian; PhD from Kent State University, now Postdoctoral Fellowship at UCSF in Health Psychology/Stress
 2015 – 2017 Dwyer, Patrick; Ph.D. from University of Minnesota, now Assistant Professor at the Lilly School of Philanthropy at Indiana University -Purdue University Indianapolis

Graduate Student Training

Current and former research lab members (i.e., regular attendance at weekly meetings):

Adair, Carrie	Clark, Jenna	Major, Brett
Brown-Iannuzzi, Jazmin	Isgett, Suzannah	Rice, Elise
Catalino, Lahna	Jolink, Tatum	Vacharkulksemsuk, Tanya
Chandler, Kylie	Kurtz, Laura	Younge, Ayana
Chang, Yen-Ping	Lundberg, Kristjen	Zhou, Jieni

Of the above, primary mentees include:

2019 --	Kylie Chandler
2017 --	Tatum Jolink, M.A.
2013 -- 2018	Yen-Ping Chang, Ph.D. – now Assistant Professor in Basic Psychology at National Tsing Hua University, Taiwan
2014 -- 2017	Jenna Clark, Ph.D. – now Senior Behavioral Researcher at The Center for Advanced Hindsight
2011 – 2017	Laura Kurtz, Ph.D. – now Organizational Change Management and Leadership Consultant (Founder: Lark Consulting) & Program Manager at The Love Consortium

Dissertation Committees, UNC-Chapel Hill

**denotes committees of which I was Chair*

2017 – 2018	Chang, Yen-Ping*	<i>Cultural variation in gratitude expressions.</i>	
2016 -- 2017	Clark, Jenna*	<i>The role of text messaging in close relationships.</i>	
2015 – 2016	Kurtz, Laura*	<i>An empirical examination of “love at first sight”: The effect of similarity in attractiveness on automatic mate selection behaviors.</i>	
2021—	Wojda, Alexandra	2016 – 2017	Jenkins, Keenan
2019 – 2021	Le Nguyen, Khoa	2016 – 2017	Nesi, Jacqueline
2019 -- 2021	Weber, Danielle	2016 – 2017	Major, Brett
2019 -- 2020	Ludwig, Kelsey	2014 – 2015	Cooley, Erin
2019 – 2020	Younge, Ayana	2012 – 2013	Boeding, Sara
2018 -- 2020	Zachary, Chloe	2012 – 2013	Cameron, Daryl
2017 – 2020	Pentel, Kimberly	2012 – 2013	Fenton, Nicole
2017 – 2018	Sheppard, Christopher	2012 – 2013	Kok, Bethany
2016 – 2018	Browne, Julia	2012 – 2013	Paprocki, Christine
2016 – 2018	Cohen, Matt	2012 – 2013	Vacharkulksemsuk, Tanya
2016 – 2018	Gagen, Emily	2011 – 2012	Irvin, Brandon
2016 – 2017	Isgett, Suzannah	2011 – 2012	Miceli, Paul

Dissertation Committees, Other Universities

2018 – 2020	Kelley Gulleo; <i>Duke University, Fuqua School of Business</i>
2015 -- 2016	Brick, Danielle; <i>Duke University, Fuqua School of Business</i>
2015 – 2016	Rusk, Ruben; <i>University of Melbourne, Graduate School of Education</i>

Masters Thesis Committees, UNC-Chapel Hill***denotes committees of which I was Chair**

2020 -- 2021	Jolink, Tatum*: <i>Kick it with Me: The Role of Social Bonding Behavior in Relationship Initiation</i>
2013 – 2014	Chang, Yenping*: <i>Living with Gratitude: Spouse's Gratitude on One's Depression</i>
2012 – 2013	Kurtz, Laura*: <i>The Weight and Way of Shared Laughter in Dyadic Relationships</i>
2019 – 2020	Zhou, Jieni
2018 – 2019	Miller, Alexandra
2015 – 2016	Reuman, Lillian
2014 – 2015	Isgett, Suzannah
2013 – 2015	Gagen, Emily
2013 – 2014	Major, Brett
2012 – 2013	Clark, Jenna
2011 – 2012	Adair, Kathryn

Masters Thesis Committees, Other Universities

2017 -- 2018 Gullo, Kelley; *Duke University, Fuqua School of Business*

Practicum or Graduate Student Mentees from other Institutions

2014 -2016	Hilaire, Nicole (UNC-Charlotte)
2014	King, Kelly (UNC-Greensboro)
2012-2015	Zhaoyang, Ruixue (University of Missouri, Columbia)

Undergraduate Student Training

At least 150 undergraduate students have worked in my lab, trained to conduct human subjects research, on a volunteer basis. This is typically an 8-10 hour per week commitment.

Honors Thesis Supervision and Committees (since August, 2011)***denotes committees of which I was Advisor**

2020 – 2021	Priebe, Nate
2020 – 2021	Russell, Sydney*: <i>Understanding the Link Between Shared Laughter and Relationship Satisfaction: The Role of Conflict.</i>
2020 – 2021	Webber, Theresa
2017 – 2018	Chen, Olivia
2017 – 2018	Wallace, Ellie
2015 – 2016	Tepper, Stephanie
2014 – 2015	Jameison, Danielle
2014 – 2015	Roof, Courtney
2014 – 2015	West, Jacob*#%
2013—2014	Avishai-Yitshak, Aya
2013 – 2014	Khrakovsky, David*^: <i>Cooperation in Romantic Relationships</i>
2013 – 2014	Puleo, Blair*: <i>The Dyadic Process of Verbal and Non-Verbal Responses to the Expression of Gratitude</i>
2012 -- 2013	Doyle, Kaitlin
2012 – 2013	Knowles, Kelly*+ : <i>Laughter as a Buffer for Negative Thoughts in Anxiety-Provoking Situations</i>

2012 – 2013 Mahoney, Olivia
2012 – 2013 Schenker, Victoria
2012 – 2013 Thio, Kara*[†]: *The Effects of Pride and Admiration on Pain*
2011-- 2012 Lembke, Jana
2011-- 2012 Wagstaff, Elizabeth

+ Highest Honors, [†]Winner of Dashiell-Thurstone Award for best Honors Thesis, [^]Winner of Tom and Elizabeth Long Research Award (\$500) to conduct this project, [#]Winner of David Bray Peele Memorial Research Award (\$440) to conduct this project; [%] Winner of SPSP Undergraduate Diversity Fund Registration Award to present this research (2015)

Honors Thesis Student Presentations at Additional Undergraduate Venues

Puleo, B. K.,* Lundberg, K., & Algoe, S. B. (2014).

- Poster presented at UNC Celebration of Undergraduate Research, Chapel Hill, NC.
- Talk presented at the University of Virginia L. Starling Reid Undergraduate Research Conference, Charlottesville, VA.
- Poster presented at UCLA's 23rd Annual Psychology Undergraduate Research Conference

Knowles, K.,* & Algoe, S. B. (2013).

- Poster presented at UNC Celebration of Undergraduate Research, Chapel Hill, NC.
- Poster presented at North Carolina Psychological Association Annual Meeting, Chapel Hill, NC.

PROFESSIONAL ASSOCIATIONS

Association for Psychological Science (formerly American Psychological Society; APS) -- Fellow
Association of Positive Emotion Laboratories (APEL)
International Association for Relationships Research (IARR)
International Society for Research on Emotion (ISRE)
Society for Affective Science (SAS)
Society for Experimental Social Psychology (SESP) -- Fellow
Society for Personality and Social Psychology (SPSP) – Fellow

PROFESSIONAL SERVICE TO DISCIPLINE

National and International Conference Leadership

- 2021 -- Senior Advisory Board Member, Relationships Research Interest Group, *Society for Personality and Social Psychology* special interest group. Pre-conference planning and award decisions.
- 2021 -- 2022 Programming Co-Chair, Symposium submissions; Society for Personality and Social Psychology Convention Committee, held February 2022 in San Francisco, CA
- 2020 -- Advisory Board member: Project on the Assessment of Interpersonal Love; The Human Flourishing Program at Harvard University

- 2020 -- Co-organizer and regular emcee, The Love Consortium Community Virtual Events, with between 75-200 attendees each:
 August, 2020 (social connection)
 September, 2020 (love)
 November, 2020 (gratitude)
 March, 2021 (compassion)
 August, 2021 (love)
 November, 2021 (cultural considerations in the science of love)
 May, 2021 (love and sex)
- 2020 -- 2021 Scientific Program Co-Chair, *7th World Congress on Positive Psychology*, Vancouver, BC, Canada (held July 2021)
- 2020 -- 2021 Programming Co-Chair, Single-presenter submissions; Society for Personality and Social Psychology Convention Committee (held February 2021)
- 2019, June Invited Panelist, *New Scholar Workshop, International Association for Relationship Research (IARR)*; Ottawa, CA
- 2019, June Organizer, *The Love Consortium Preconference Workshop* to the IARR mini-conference; Ottawa, CA (June 19-20; 25 registered attendees, 75-person introductory session)
- 2019, April Organizer, *Theoretical Perspectives on the Science of Love*. An invited international interdisciplinary meeting; Chapel Hill, NC (April 25-27; 17 invited attendees from 3 countries)
- 2018-2019 *6th World Congress on Positive Psychology*, Melbourne, Australia
 Co-Chair of Scientific Program (>300 submitted abstracts)
- 2018-2019 Scientific Program Committee, *International Society of Research on Emotion (ISRE) 2019 Conference*, Amsterdam, The Netherlands
- 2018, Jan. *Emerging Insights from the Science of Gratitude* – Organized public event and a new research conference at the University of North Carolina at Chapel Hill (26 presentations; 65 attendees from across the U.S.: www.gratitudeinsights.com)
- 2016, Oct. Invited panelist, *Women's Leadership Workshop* pre-conference to Society of Experimental Social Psychology Annual Conference; Santa Monica, CA.
- 2015 -- 2017 *Positive Emotions Pre-Conference* to Society for Affective Science Annual Conference
 2015 – 2016, Conference Chair
 2016 – 2017, Committee Member At-Large
- 2011 -- 2014 *Close Relationships Pre-Conference* Committee, Relationships Research Interest Group within the Society for Personality and Social Psychology:
 2011-2012, Conference Co-Chair

2012-2013, Conference Chair
2013-2014, Committee Member At-Large

2013, May Invited attendee, U. S. White House meeting on *Psychological Science and Behavioral Economics in the Service of Public Policy* (sponsors: National Institute of Aging, Council of Economic Advisors, Association for Psychological Science, Office of Science and Technology Policy)

Symposium Co-Chair, Submitted and accepted through peer review (past 5 years):

**denotes graduate student*

Chang* & Algoe (2019). "Culture and Emotion: Novel Approaches and Real-World Implications." Society for Personality and Social Psychology Annual Convention, Portland, OR.

Speakers: Y-P Chang, J. De Leersnyder, R. Jack, J. Tsai

Algoe & Oveis (2018). "New Perspectives on the Social Functions of Emotions." Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

Speakers: S. Algoe, A. Wood, M. Boyer, C. Oveis

Evaluation of Scholarship

2019 – 2021 Organizer, Grant competition for graduate student research proposals on the Science of Love

Round 1 (2019 – 2020): after masked review by 6- person advisory board, approximately \$90,000 distributed to 10 student-led research teams in three countries

Round 2 (2020 – 2021): after masked review by 6- person advisory board, approximately \$90,000 distributed to 10 student-led research teams in three countries

2018, Oct Invited advisor; John Templeton Foundation planning meeting

Editorial Board memberships:

2019 -- 2021 Associate Editor, *Journal of Personality and Social Psychology: Personality Processes and Individual Differences (JPSP: PPID)*

2015 -- 2018 Consulting Editor for the APA Journal: *Journal of Personality and Social Psychology: Personality Processes and Individual Differences (JPSP:PPID)*

2014 -- 2020 Consulting Editor for the APA Journal: *Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes (JPSP:IRGP)*

2013 -- 2020 Consulting Editor for the APA Journal: *Emotion*

Additional reviewing:

- 2019 NSF Peer Review for Social Psychology Program, ad-hoc reviewer
- 2017 Reviewer, Flash talk presentation submissions; Emerging Insights from the Science of Gratitude Conference
- 2017 Reviewer, Best New Investigator Podium Presentations; 5th World Congress on Positive Psychology, Montreal, Canada
- 2016 -- 2017 Member, Society for Personality and Social Psychology Fellows Committee
- 2016, 2017 Reviewer, Flash talk presentation submissions; Positive Emotions Preconference to Society for Affective Science Annual Meeting
- 2016, Oct Ad-Hoc reviewer for research symposia submissions for the International Positive Psychology Association 5th World Congress on Positive Psychology
- 2015, 2020 The John Templeton Foundation Grant Peer Review, ad-hoc reviewer
- 2012 -- 2014 NSF Peer Review for Social Psychology Program, ad-hoc reviewer
- 2012 -- 2014 Member, Award Selection Committee for Graduate Student Research Paper Award from the Relationships Research Interest Group within SPSP
- 2004 -- Ad-Hoc reviewer for the following journals: *Most frequent:* Emotion; Journal of Personality and Social Psychology; Journal of Positive Psychology; Psychological Science; Social Psychological and Personality Science; *Additional Journals:* American Psychologist, Applied Developmental Psychology, Biological Psychiatry, Biological Psychology, British Journal of Social Psychology, Cognition and Emotion, European Journal of Social Psychology, Health Psychology, International Journal of Psychology, Journal of Applied Social Psychology, Journal of Experimental Social Psychology, Journal of Happiness Studies, Journal of Moral Education, Journal of Personality, Journal of School Psychology, Journal of Social and Clinical Psychology, Journal of Social and Personal Relationships, Motivation and Emotion, Personal Relationships, Personality and Individual Differences, Personality and Social Psychology Review, Perspectives on Psychological Science, Proceedings of the National Academy of Sciences

Mentorship

- 2021 -- Co-developed travel award program for undergraduate students from underrepresented backgrounds in our field to attend a relationships conference in the service of developing professional connections /opening opportunities. (Sept 2022)
- 2020 -- 2022 Co-developed and organized a 1 year professional development training program for The Love Consortium Graduate Student Fellows
Round 1: June 2020 – May 2021
Round 2: June 2021 – May 2022
- 2020, April Directed and helped offer webinars to facilitate the posting of archived data on The Love Consortium Dataverse (date prompted by field-wide hold on new data collection due to the novel coronavirus); 20 available sessions across 2 weeks to reach time zones worldwide.
- 2019, June Organizer and instructor, *Graduate Student Workshop on the Science of Love*; 2-day, 3-night workshop held with 17 selected attendees in Ottawa, CA
- 2016, 2014 SPSP Diversity Reception attendee as honored student's admired scholar

PROFESSIONAL SERVICE WITHIN UNC-CHAPEL HILL***Recent***

- 2022 -- Director of Research Services; Psychology & Neuroscience Dept.
 2020 – 2022 Co-Chair, Accountability Subcommittee of the Diversity Equity Leadership Committee; Psychology & Neuroscience Dept.
 2020 – 2021 Member, Education and Training subcommittee of the Diversity Equity Leadership Committee; Psychology & Neuroscience Dept.
 2017 – 2022 Departmental Institutional Review Board Committee Member; Psychology & Neuroscience Dept.
 2017 – 2022 Colloquium Committee; Psychology & Neuroscience Dept.
 2017 – Interdisciplinary Studies Faculty Advisory Committee; College of Arts & Sciences
 2016 – Research liaison; Psychology & Neuroscience Dept. Behavioral Core Lab

Past Service

- 2018 3rd Year Review Committee
 2017 – 2020 Chair's Advisory Committee Member; Psychology & Neuroscience Dept.
 2015 – 2018 Thibaut Award Faculty Advisor to graduate students in the social psychology program who select the honored recipient, a senior admired researcher in the field.
 2015, '16, '17, '19 Applied for and received funding for a Graduate Research Consultant to enhance student learning in my research-intensive Interpersonal Processes course.
 2014 – 2016 Behavioral Core Lab renovation committee; Psychology & Neuroscience Dept.
 2014 -- 2018 Data Safety Monitoring Board Member, Dr. K. Grewen, PI; Dept. of Psychiatry
 2014, Mar. Invited faculty attendee, Keohane Lectureship Dinner
 2012 -- 2016 Psychology & Neuroscience Dept. Faculty Liaison to UNC Library Services
 2012-2013 Co-Chair, Graduate Student Admissions Committee, Social Area
 2012 UNC Psychology Dept. Instructional Faculty Search Committee Member
 2012, Feb. Invited faculty attendee, Morehead-Cain Honors Lunch
 2011 – **Co-Founder, Steering Committee Member of Positive Psychology Science Fund**; A fund designed to incubate the science of positive psychology through research support to trainees and collaborative scientific projects.
 2011, Sept. Department faculty presentation of research interests for UNC Academic Day
 2011, Oct. Invited faculty attendee, dinner with three UNC Boards (A&S Foundation BOD, Honors Advisory Board, and Women's Leadership Council Executive Committee)

RECENT MEDIA MENTIONS, INTERVIEWS, AND OUTREACH (SELECTED)

Online links available upon request, though most can be discovered via Google search

Algoe byline

- 2.27.18 – “How to say “thank you” to your partner” *Greater Good Magazine*
2.12.18 – “Better than flowers: How gratitude cultivates happiness and long-term benefits” *Thrive*

Television, podcast, radio, and other audio/videorecorded interviews

- 04.21 – **Freethink**: <https://www.freethink.com/videos/attitude-of-gratitude>
09.20 – **Data Night, Episode 4: Interviewed** about The Love Consortium and research on social connection
04.20 – **Positive Psychology Leader Series**: “Social connection in a time of physical separation”.
10.19 – **Greater Good Science Center**: “The benefits of being a grateful person.” [Video](#)
11.18 – **UNC’s Well Said Podcast**: “How gratitude affects your body and brain.”
9. 18 – **The Psychology Podcast**: “Positive Relationships with Sara Algoe.” ([Weblink.](#))
8.18 – Interview about my research for **The Science of Happiness Podcast**, sponsored by **Public Radio International** (“Episode 20: What if you had never met?”)
4.18 – Interview about my research for **The Science of Happiness Podcast**, sponsored by **Public Radio International** (“Episode 10: Is there someone you need to thank?”)
3.18 – Interview for **WorkLife with Adam Grant: A TED Original Podcast**
8.17 – Q&A on Gratitude with Emiliana Simon-Thomas for the **Science of Happiness Online Course** (over 100,000 enrolled)
4.17 – **The Wholebeing Institute**; see series of videos on YouTube (e.g., How stress inhibits gratitude”; “Recognizing great relationships”)
9.11.16 – **BBC Horizon**: “Jimmy Carr and the Science of Laughter”
12.24.14 – **NPR’s On Point**: “Try and Be Grateful (You’ll Thank Us Later)”

Others’ recent writing about or mention of my work in television, magazines, journals, newspapers, and digital media

- 11.26.21 – [“7 creative ways to express gratitude besides journaling.”](#) *Katicouric.com*
06.21.21 – [“The most effective way to thank your significant other.”](#) *The Atlantic*
11.26.20 – [“The science behind expressing gratitude will surprise you.”](#) *FastCompany*
12.20.19 – [“The ripple effects of a thank you.”](#) *Greater Good Science Center*
11.26.19 – [“A witness for gratitude.”](#) *UNC’s The Well*
11.23.19 – [“Why gratitude is wasted on Thanksgiving.”](#) *New York Times*
11.22.18 – “How gratitude can improve your health, happiness, and relationships.” *CBS This Morning*
10.13.18 – [“For couples, gratitude is a boomerang.”](#) *Wall Street Journal*
8.18 – **TIME Magazine** special issue on “The Science of Laughter”
7.20.18 – [“You should actually send that thank you note you’ve been meaning to write”](#) *NY Times*
2.20.18 – [“How to cultivate gratitude, compassion, and pride on your team”](#) *Harvard Business Review*
12.20.17 – “Stress less during the holiday” *Daytime TV*
12.10.17 – [“How expressing gratitude can improve your relationship \(and your health!\)”](#)
POPSUGAR (25 million unique viewers, monthly)
11.20.17 – “Thanksgiving tradition of gratitude is good for your health, research says” *ABC News*
06.29.16 – [“Stop making gratitude all about you”](#) *Harvard Business Review*